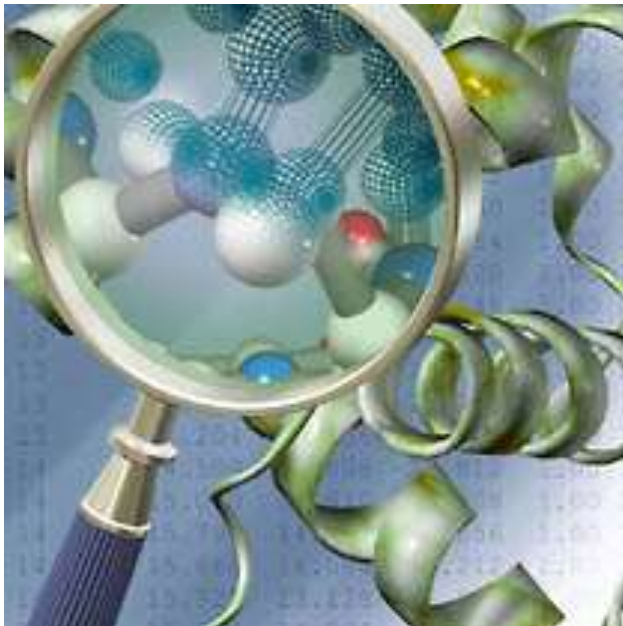


# Carbohydrates

***Dr. Zahra Khoshdel***

***Assistant Professor***

***Department of Biochemistry***



# Introduction

- carbohydrates are the most abundant biomolecules on Earth.
- What is the biological importance of carbohydrates?

# Carbohydrate Functions

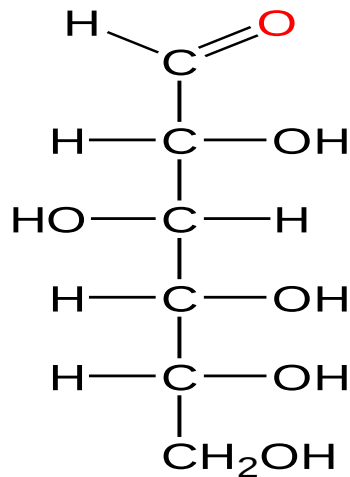
- **provide the majority of energy** in most organisms.
- **serve as metabolic intermediates**
- **are structural components of cell walls & cell membrane**

## Carbohydrate Functions, Cont.....

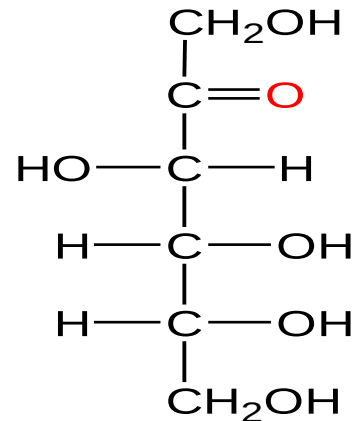
- ribose, 2-deoxy ribose are component of the nucleotides.
- play roles in lubrication, immunity and cellular intercommunication

# Chemical Structure

- Carbohydrates are *polyhydroxyaldehydes* or *polyhydroxyketones*, or substances that yield such compounds on hydrolysis.



D-glucose



D-fructose

## Chemical Structure, Cont.....

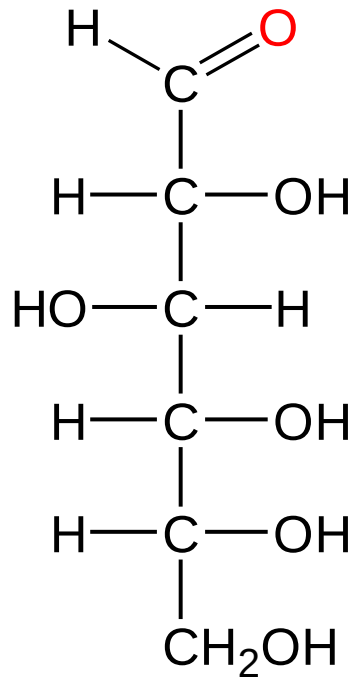
- Carbohydrates are made of carbon, hydrogen, and oxygen atoms, always in a ratio of 1:2:1
- Many, but not all, carbohydrates have the empirical formula  $(\text{C H}_2\text{O})_n$ . Some also contain nitrogen, phosphorus, or sulfur.

# Carbohydrate Classification

- ♦ **Monosaccharides** - consist of a single polyhydroxy aldehyde or polyhydroxy ketone units.
- ♦ **Oligosaccharides** - a few (2-10) monosaccharides covalently linked.
- Disaccharides** - 2 monosaccharides covalently linked
- ♦ **Polysaccharides** - polymers consisting of chains of monosaccharide or disaccharide units.

# Monosaccharides

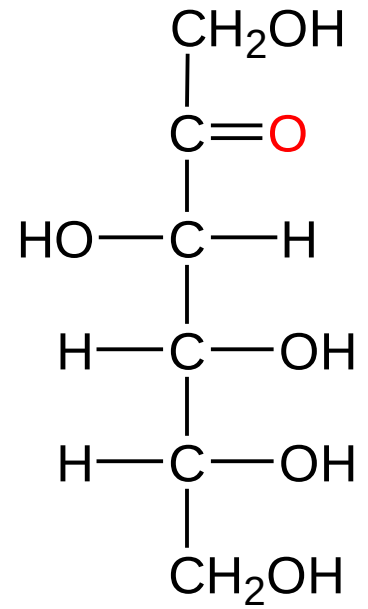
**Aldoses** (e.g., glucose) have an **aldehyde** group at one end. **Ketoses** (e.g., fructose) have a **keto** group, usually at C2.



D-glucose

Open chain forms  
(Fischer projections)

Carbons are numbered sequentially with the aldehyde or keton group assigned the lowest possible number



D-fructose



# Nomenclature

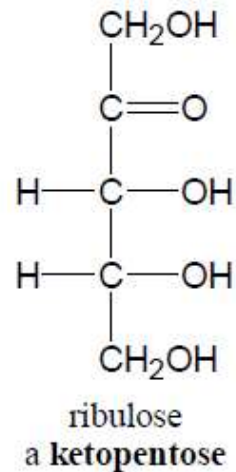
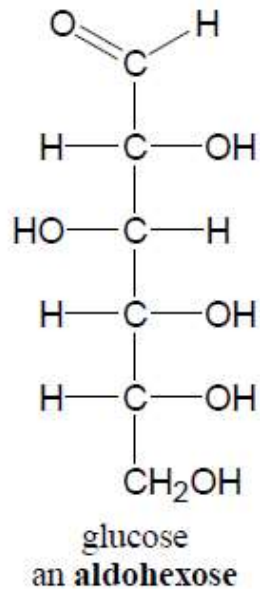
Functional group

Number of carbons

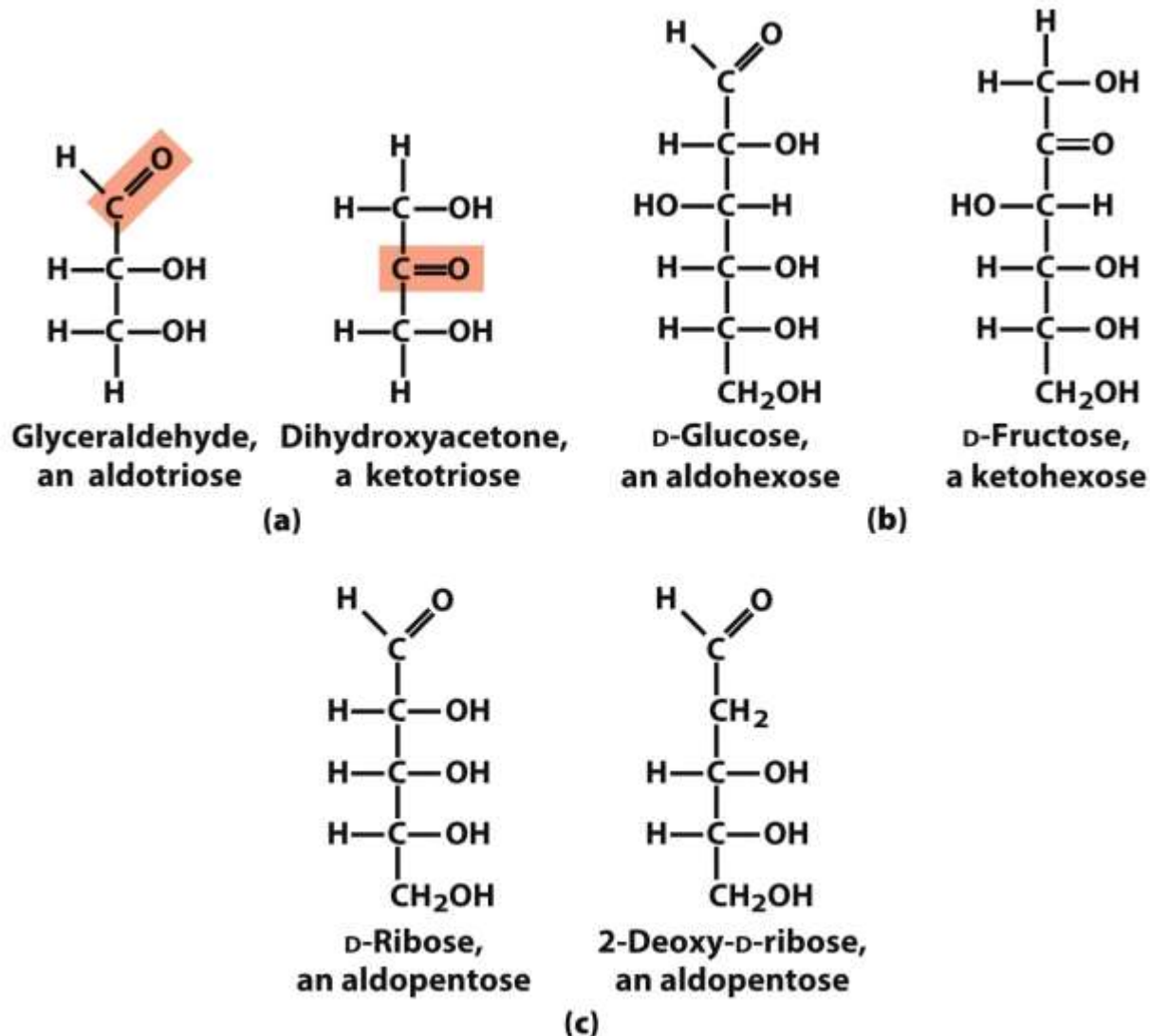
|          | <b>Aldehyde</b> | <b>Ketone</b> |
|----------|-----------------|---------------|
| <b>4</b> | Tetrose         | Tetrulose     |
| <b>5</b> | Pentose         | Pentulose     |
| <b>6</b> | Hexose          | Hexulose      |
| <b>7</b> | Heptose         | Heptulose     |
| <b>8</b> | Octose          | Octulose      |

## *Classification of Monosaccharides*

- Thus, glucose is an **aldohexose** (aldehyde + 6 Cs)  
and ribulose is a **ketopentose** (ketone + 5 Cs)



# Representative Monosaccharides

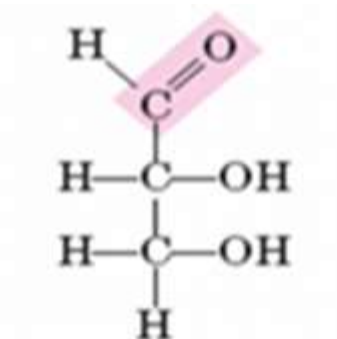
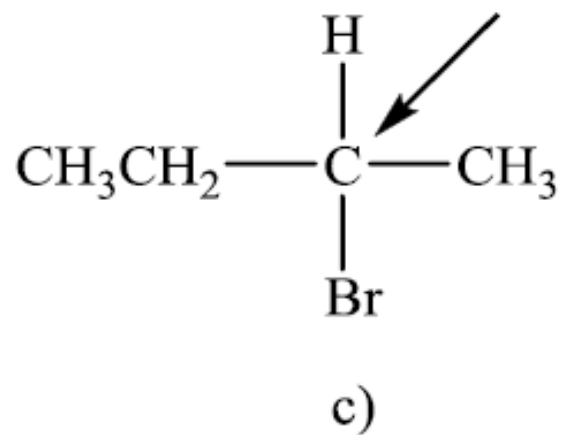
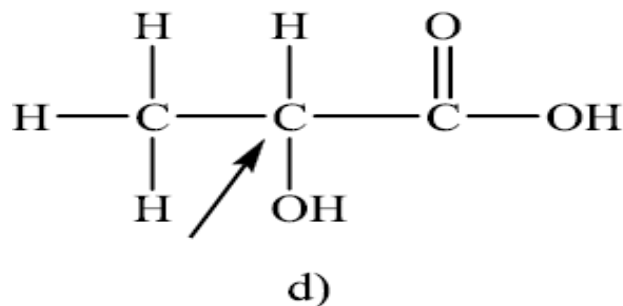
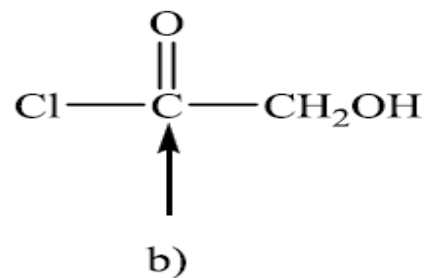
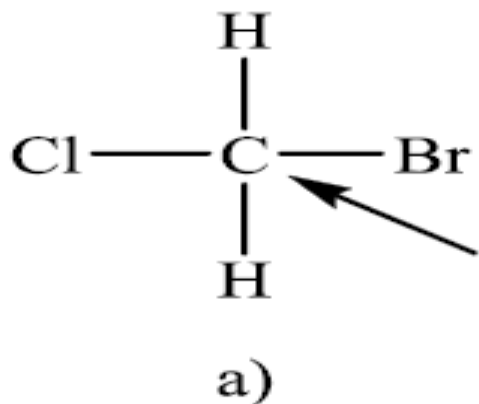


**Figure 7-1**

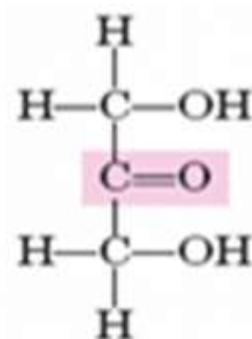
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# Asymmetric (**chiral**) carbon



Glyceraldehyde,  
an aldotriose

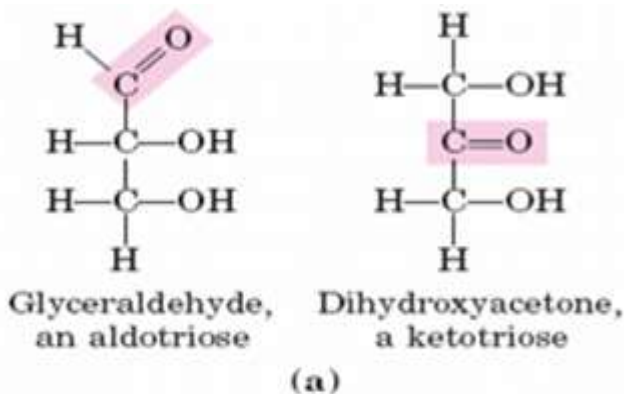


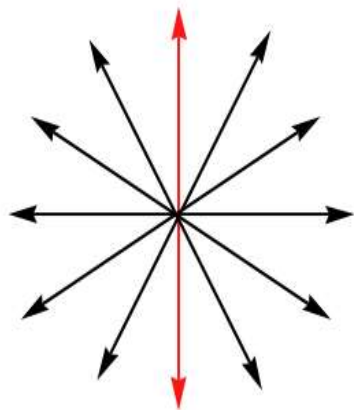
Dihydroxyacetone,  
a ketotriose

E)

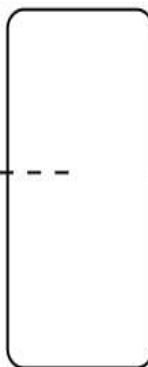
# Monosaccharaides Have Asymmetric Centers

- All the monosaccharides except dihydroxyacetone contain one or more asymmetric (**chiral**) carbon atoms and thus occur in optically active isomeric forms.





randomly oriented light



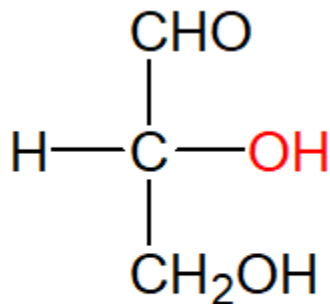
polarizing filter



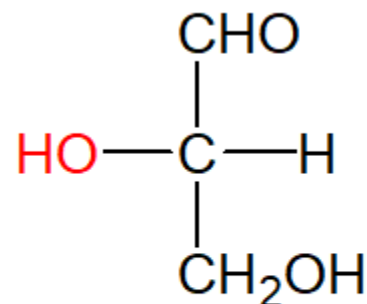
plane-polarized light

## Cont.....

- The simplest aldose, **glyceraldehyde**, contains one chiral center (the middle carbon atom) and therefore has two different optical isomers, or **enantiomers**.



D-glyceraldehyde

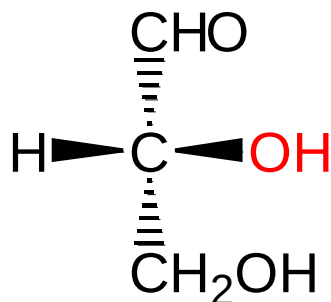


L-glyceraldehyde

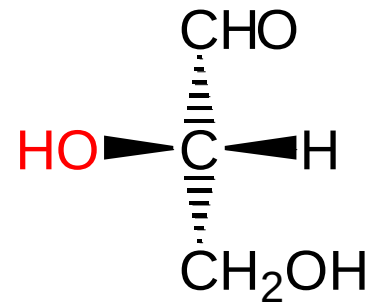
# D vs L Designation

D & L designations are based on the configuration about the single asymmetric C in **glyceraldehyde**.

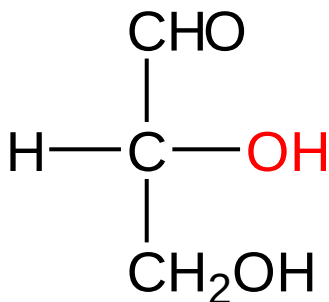
The lower representations are **Fischer Projections**.



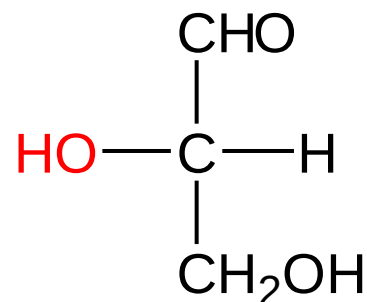
D-glyceraldehyde



L-glyceraldehyde

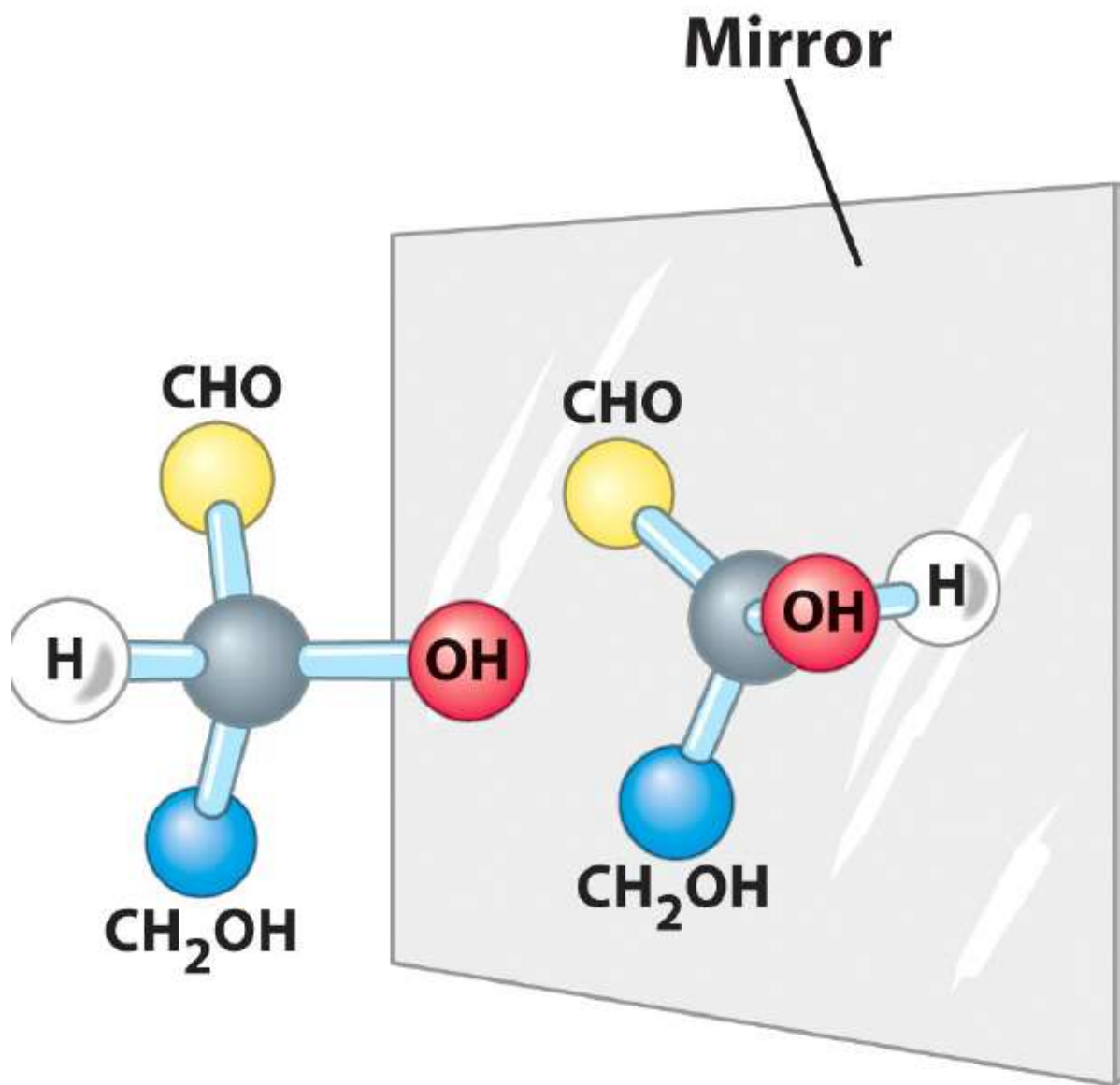


D-glyceraldehyde



L-glyceraldehyde



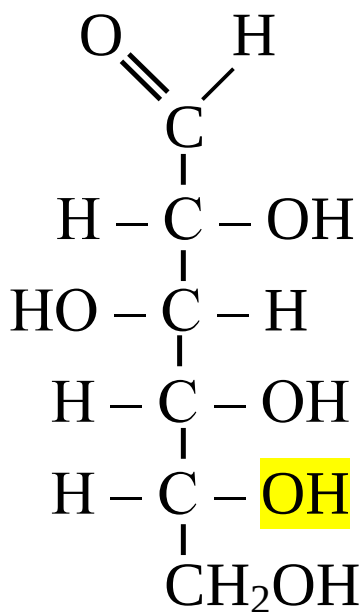


**Ball-and-stick models**

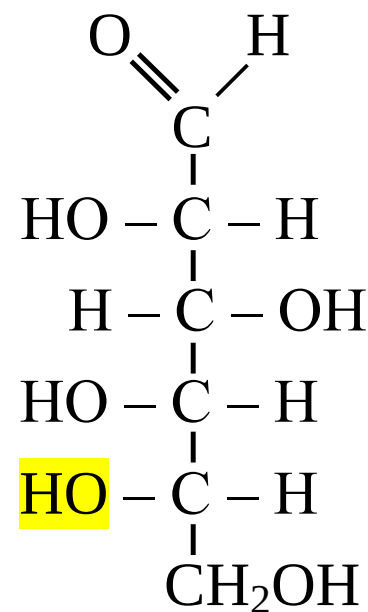
# Sugar Nomenclature

For sugars with more than one chiral center, **D** or **L** refers to the asymmetric **C** farthest from the aldehyde or keto group.

Most naturally occurring sugars are D isomers.



D-glucose

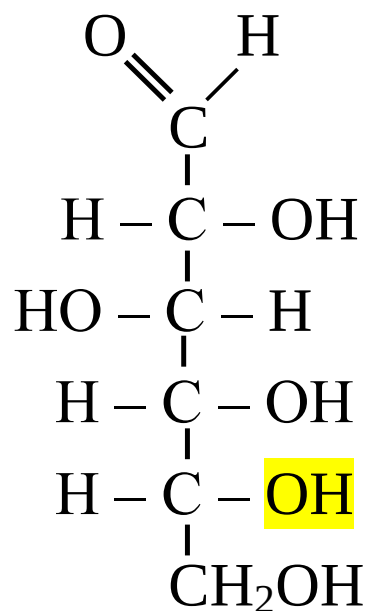


L-glucose

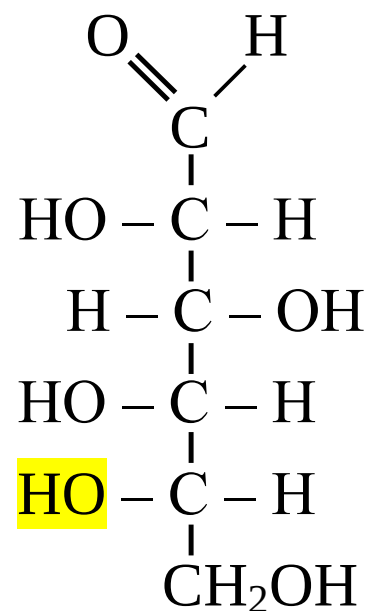
D & L sugars are mirror images of one another.

They have the **same name**, e.g., D-glucose & L-glucose.

**Other stereoisomers** have **unique names**, e.g., glucose, mannose, galactose, etc.



D-glucose

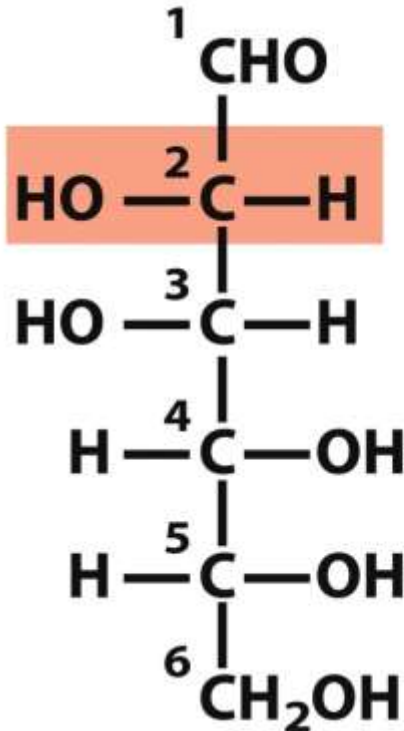


L-glucose

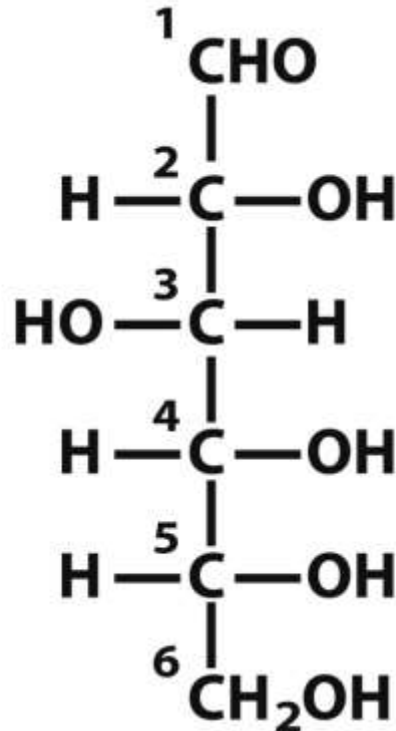
The number of stereoisomers is  $2^n$ , where **n** is the number of asymmetric centers.

The 6-C aldoses have 4 asymmetric centers. Thus there are **16 stereoisomers** (8 D-sugars and 8 L-sugars).

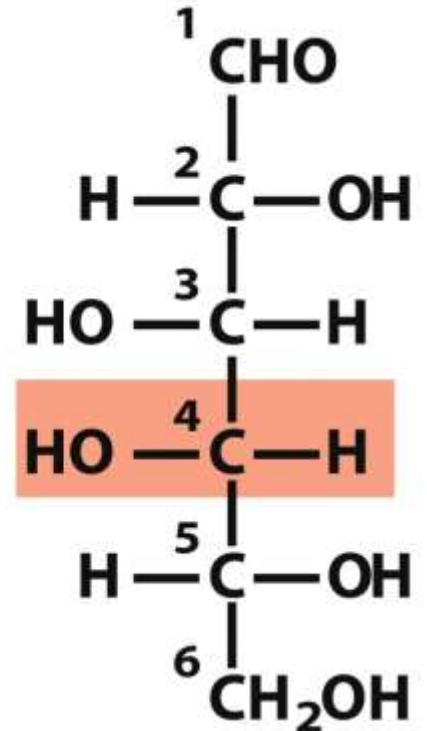
# Mannose and Galactose are **epimers** of Glucose



**D-Mannose**  
**(epimer at C-2)**



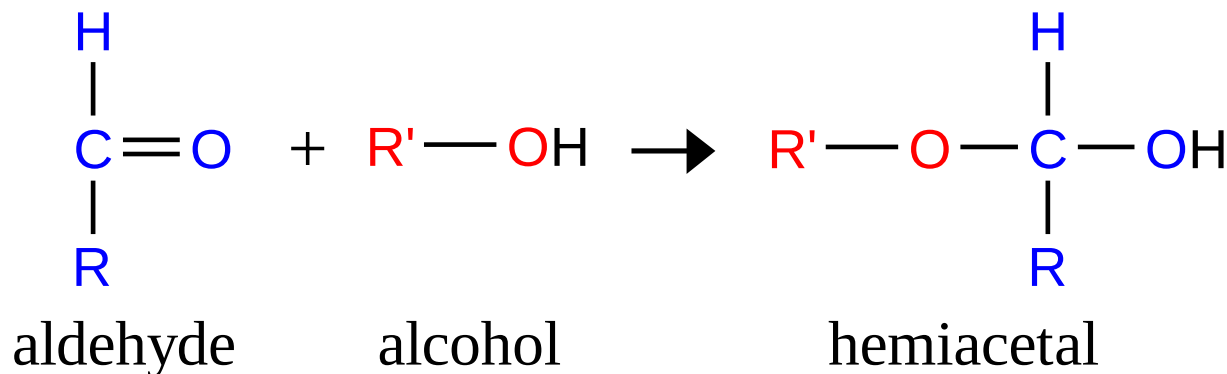
**D-Glucose**



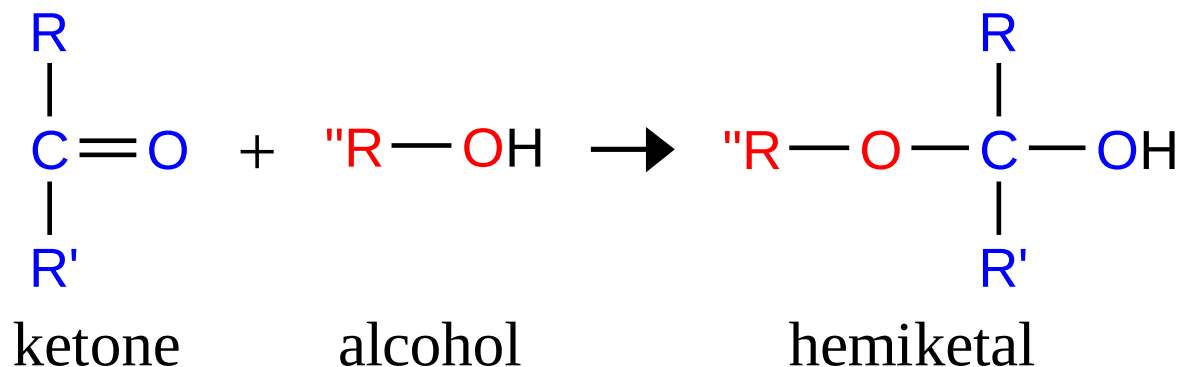
**D-Galactose**  
**(epimer at C-4)**

# Hemiacetal & hemiketal formation

An aldehyde can react with an alcohol to form a **hemiacetal**.



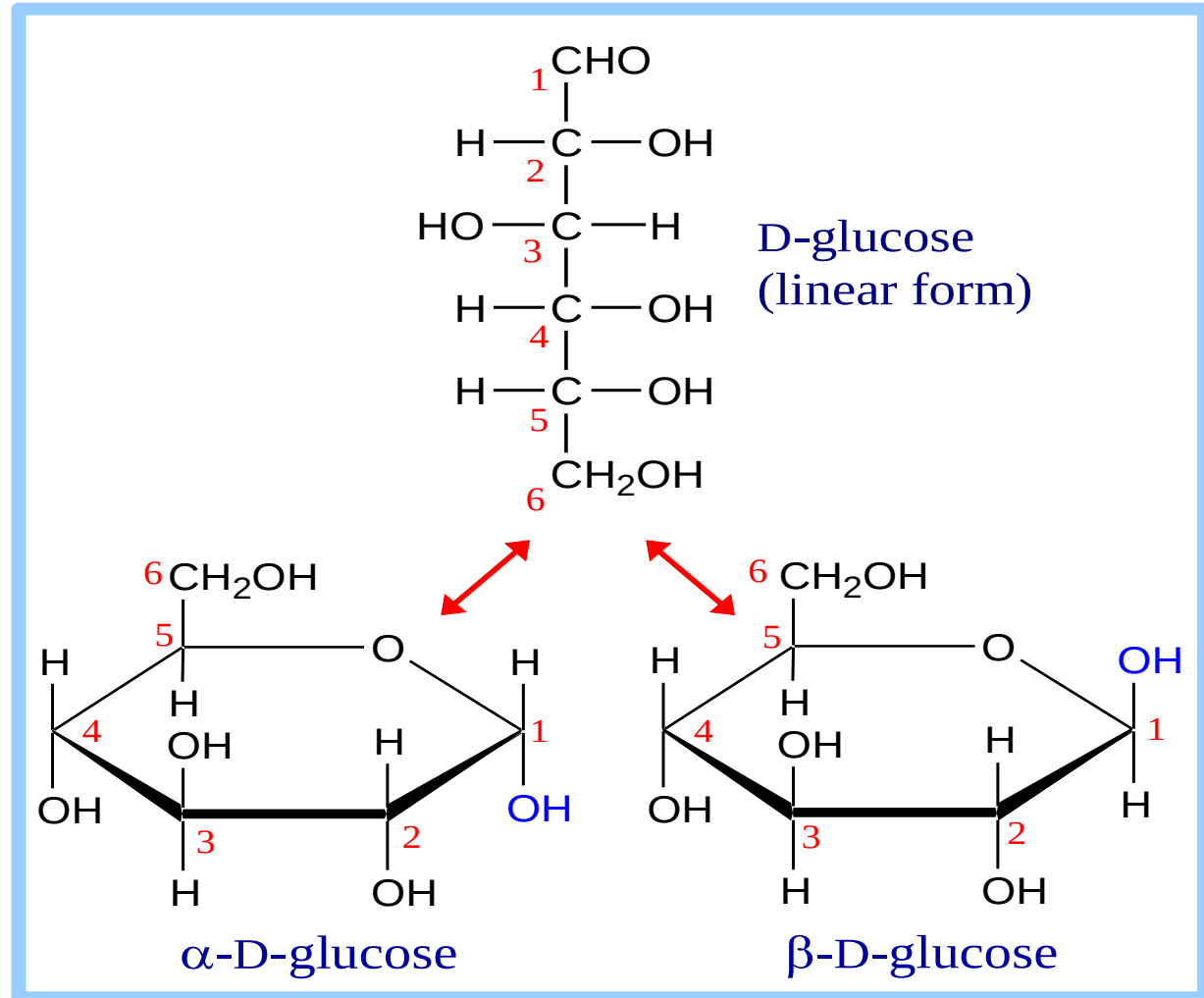
A ketone can react with an alcohol to form a **hemiketal**.

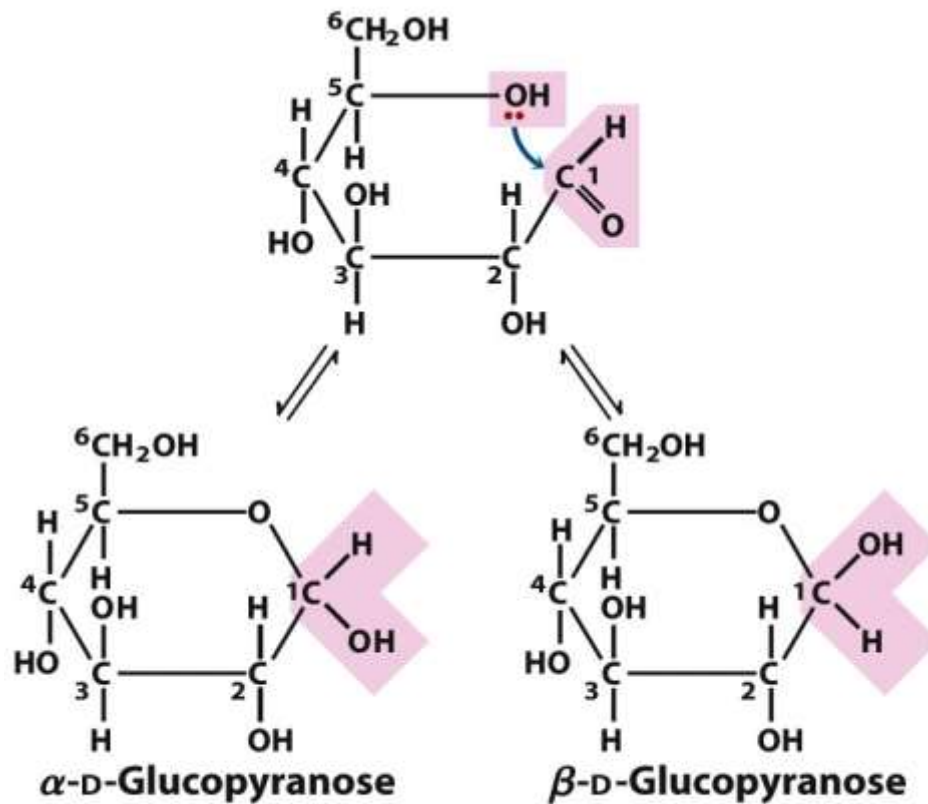
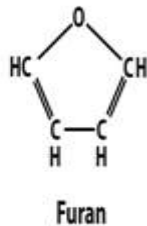
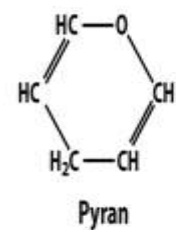
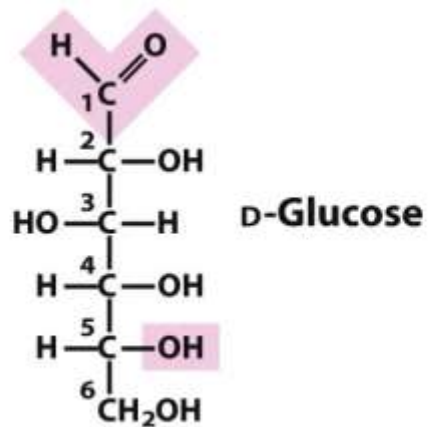


Pentoses and hexoses can **cyclize** as the ketone or aldehyde reacts with a distal OH.

**Glucose** forms an intra-molecular hemiacetal, as the C1 aldehyde & C5 OH react, to form a **6-member pyranose ring**, named after pyran.

These representations of the cyclic sugars are called **Haworth** projections.

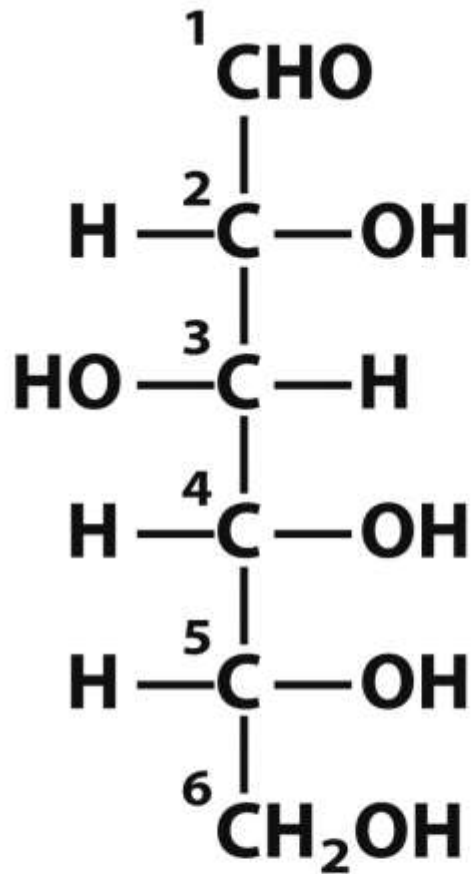




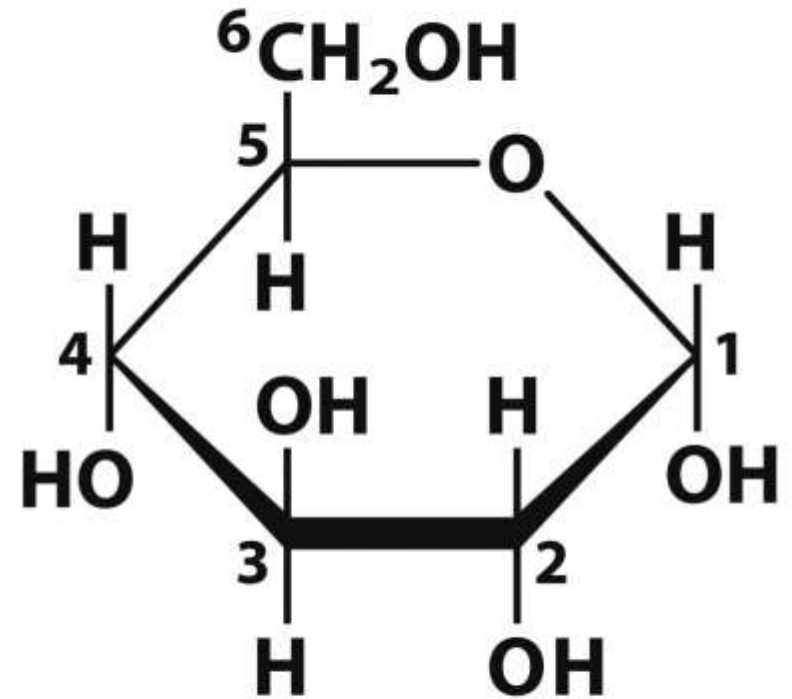
**Figure 7-6**

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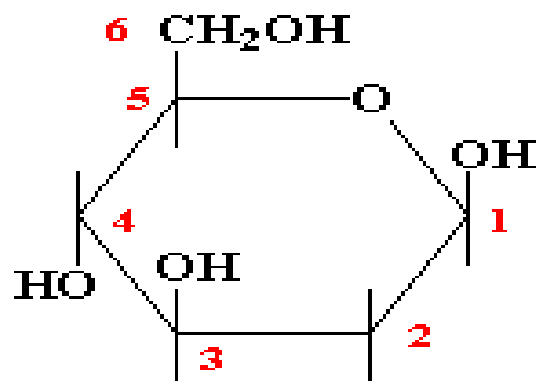


**D-Glucose**  
**Fischer projection**

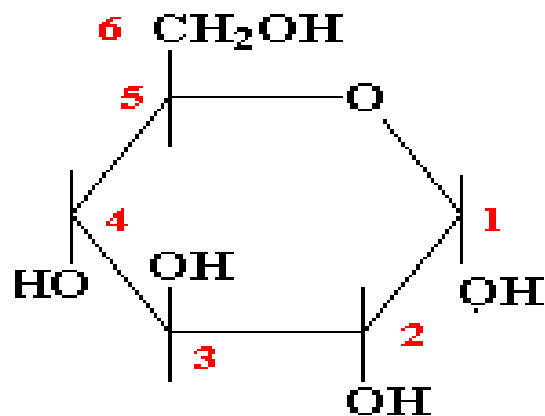


**$\alpha$ -D-Glucopyranose**  
**Haworth perspective**

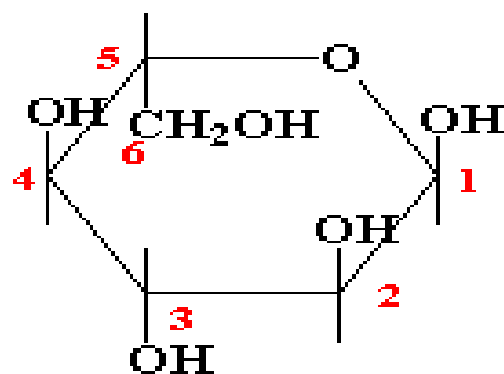




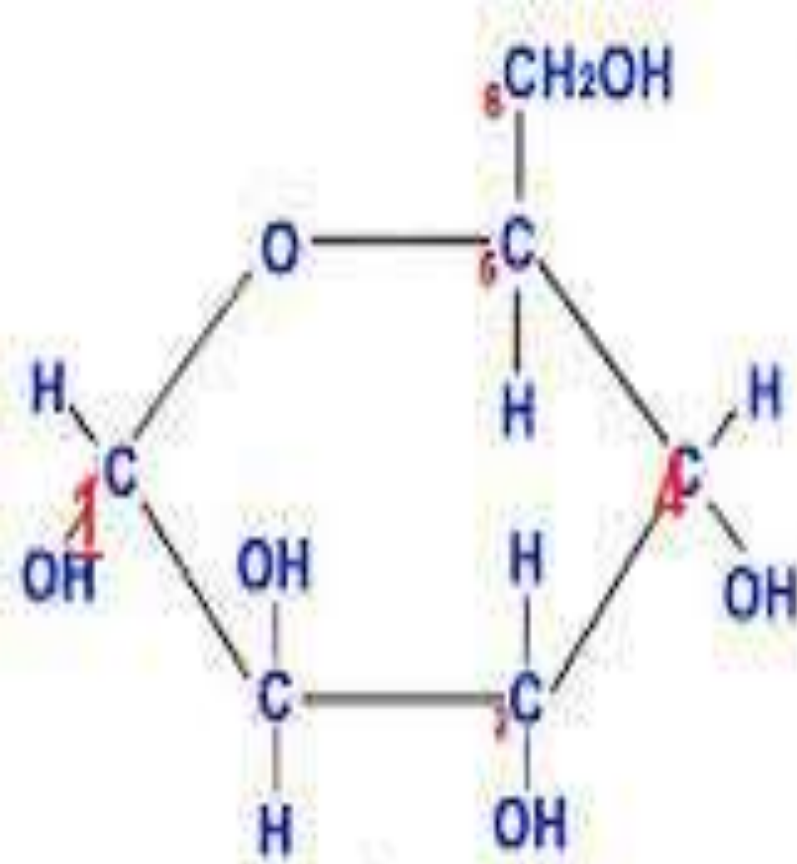
**$\beta$ -D-glucose in the usual abbreviated format**



**$\alpha$ -D-glucose**

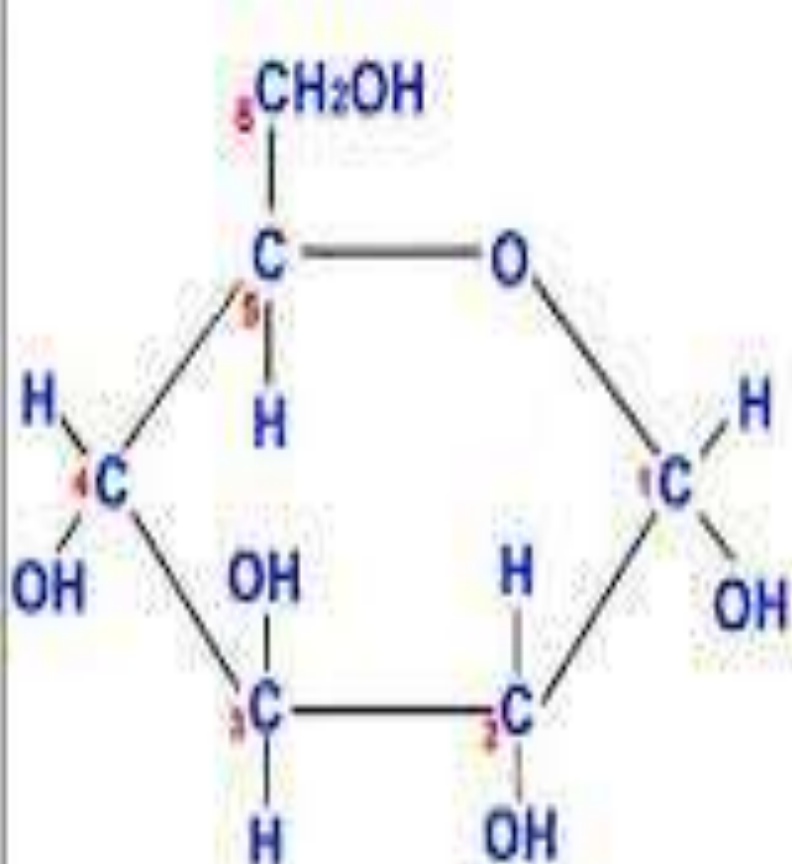


**$\alpha$ -L-glucose: note that the C1 hydroxyl points up for this enantiomer.**



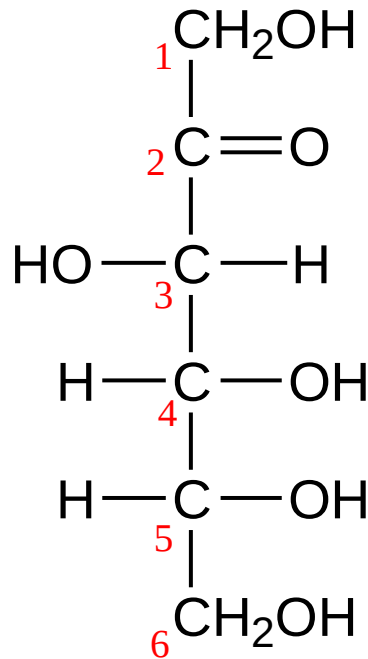
**L-glucose**

(left-handed sugar)

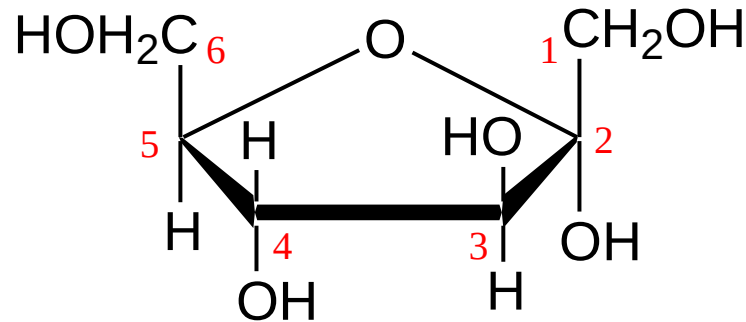


**D-glucose**

(right-handed sugar)



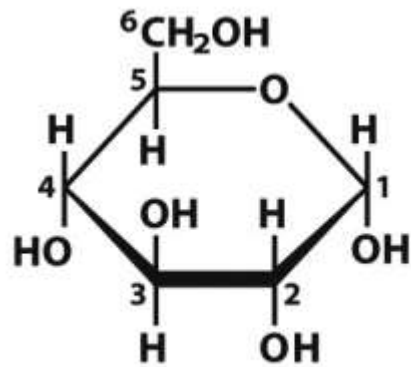
D-fructose (linear)



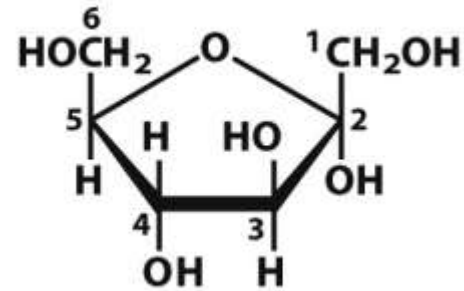
α-D-fructofuranose

Fructose forms either

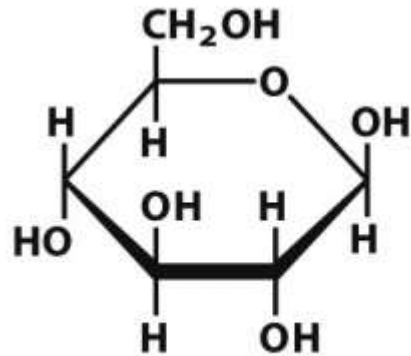
- ♦ a 6-member pyranose ring, by reaction of the C2 keto group with the OH on C6, or
- ♦ a 5-member furanose ring, by reaction of the C2 keto group with the OH on C5.



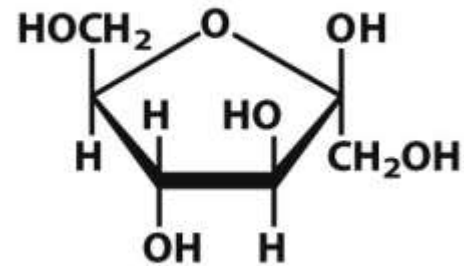
**$\alpha$ -D-Glucopyranose**



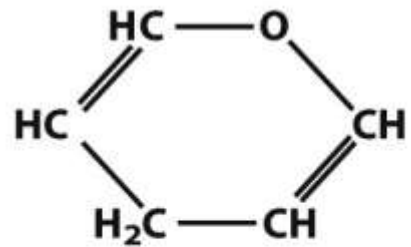
**$\alpha$ -D-Fructofuranose**



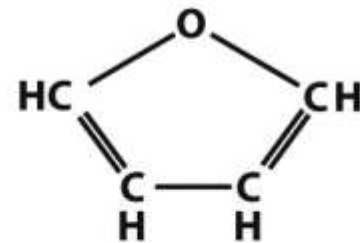
**$\beta$ -D-Glucopyranose**



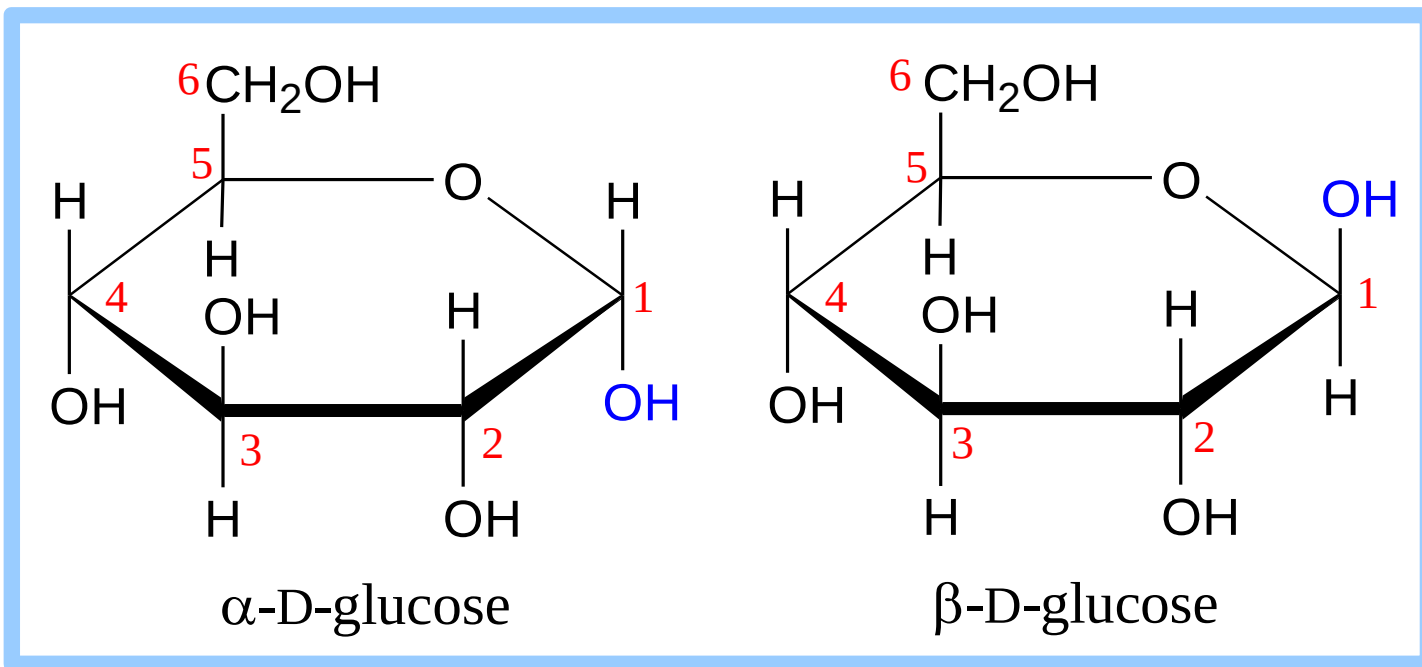
**$\beta$ -D-Fructofuranose**



**Pyran**



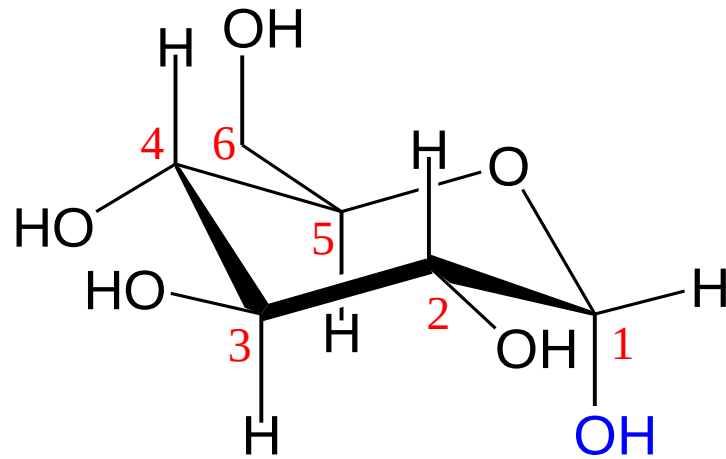
**Furan**



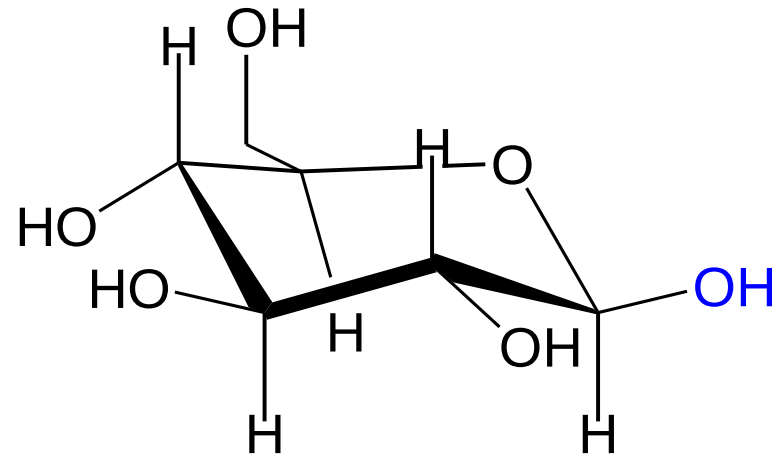
Cyclization of glucose produces a new **asymmetric center** at **C1**. The 2 stereoisomers are called **anomers**,  $\alpha$  &  $\beta$ .

Haworth projections represent the cyclic sugars as having essentially planar rings, with the OH at the anomeric C1:

- ♦  $\alpha$  (OH **below** the ring)
- ♦  $\beta$  (OH **above** the ring).



$\alpha$ -D-glucopyranose

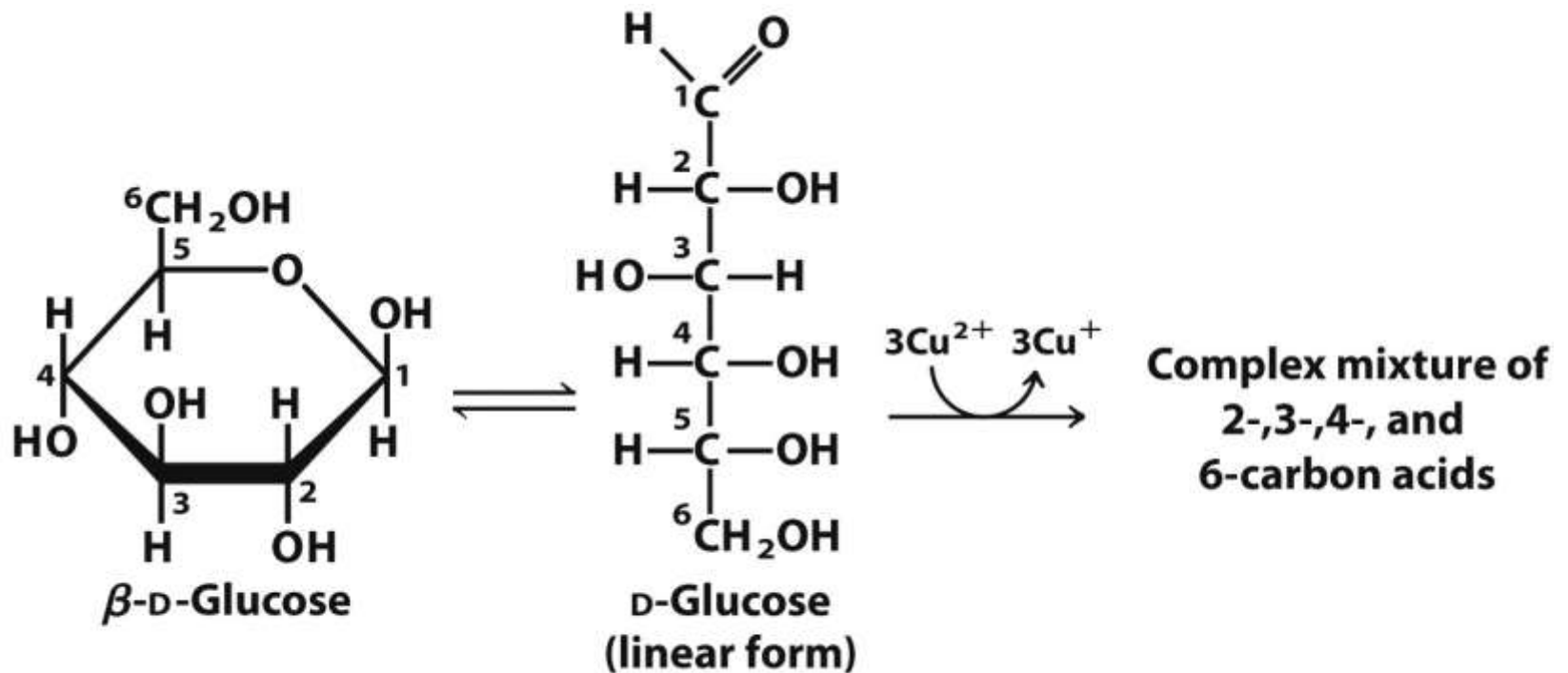


$\beta$ -D-glucopyranose

Because of the tetrahedral nature of carbon bonds, pyranose sugars actually assume a "**chair**" or "**boat**" configuration, depending on the sugar.

The representation above reflects the chair configuration of the glucopyranose ring more accurately than the Haworth projection.

# Sugars as reducing agent



**Figure 7-10**  
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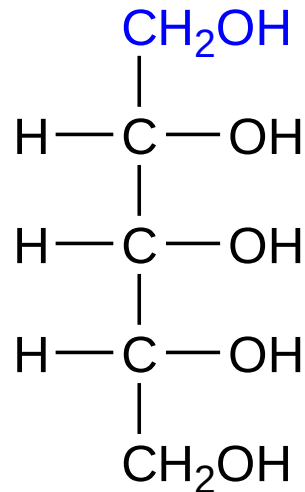
**Box 7-1 figure 1**

*Lehninger Principles of Biochemistry, Fifth Edition*

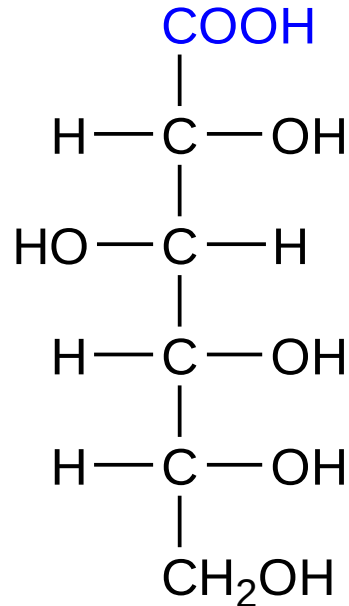
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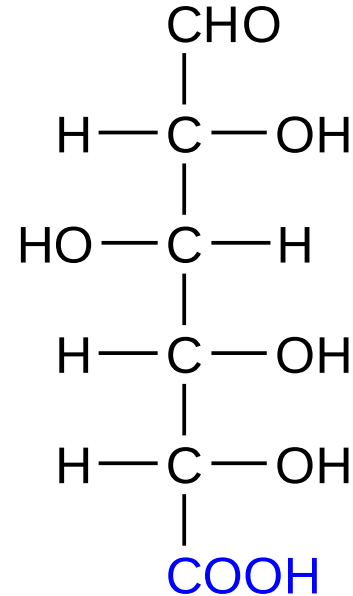
# Sugar derivatives



D-ribitol



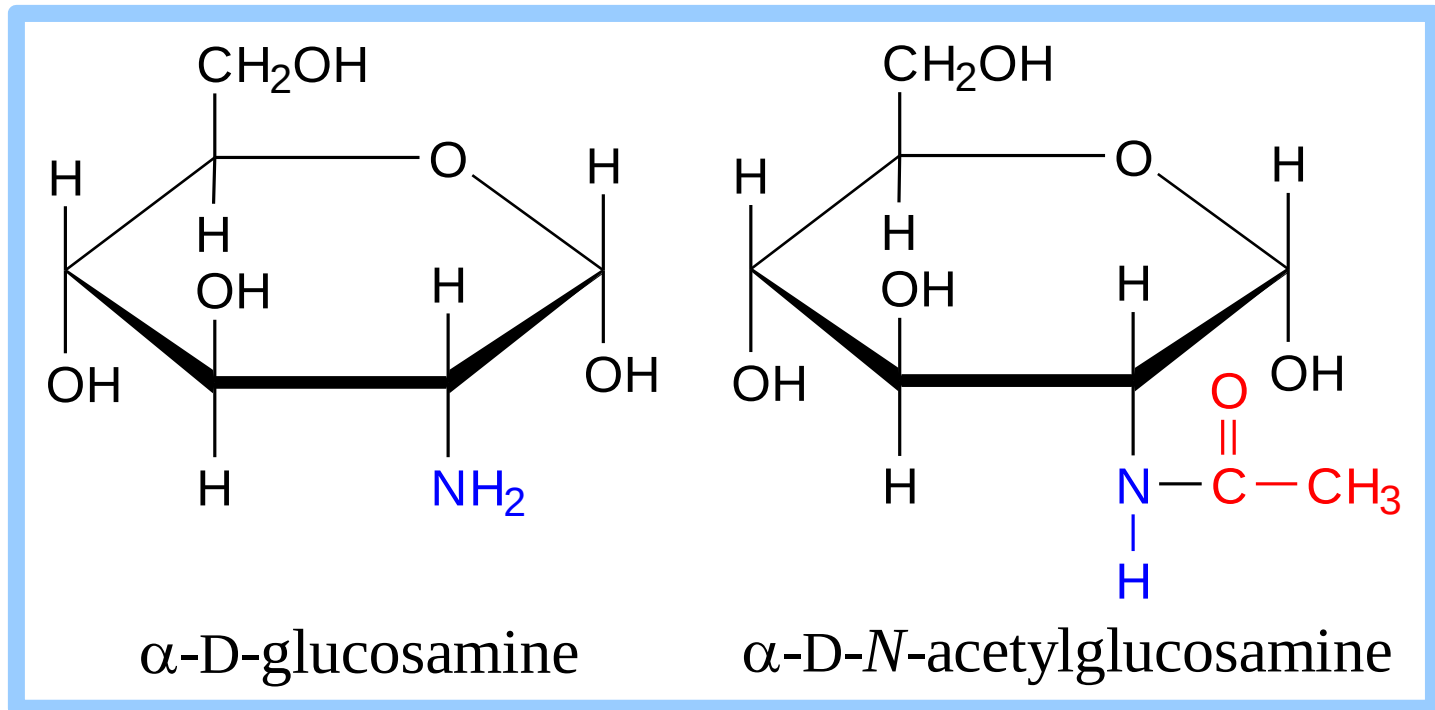
D-gluconic acid



D-glucuronic acid

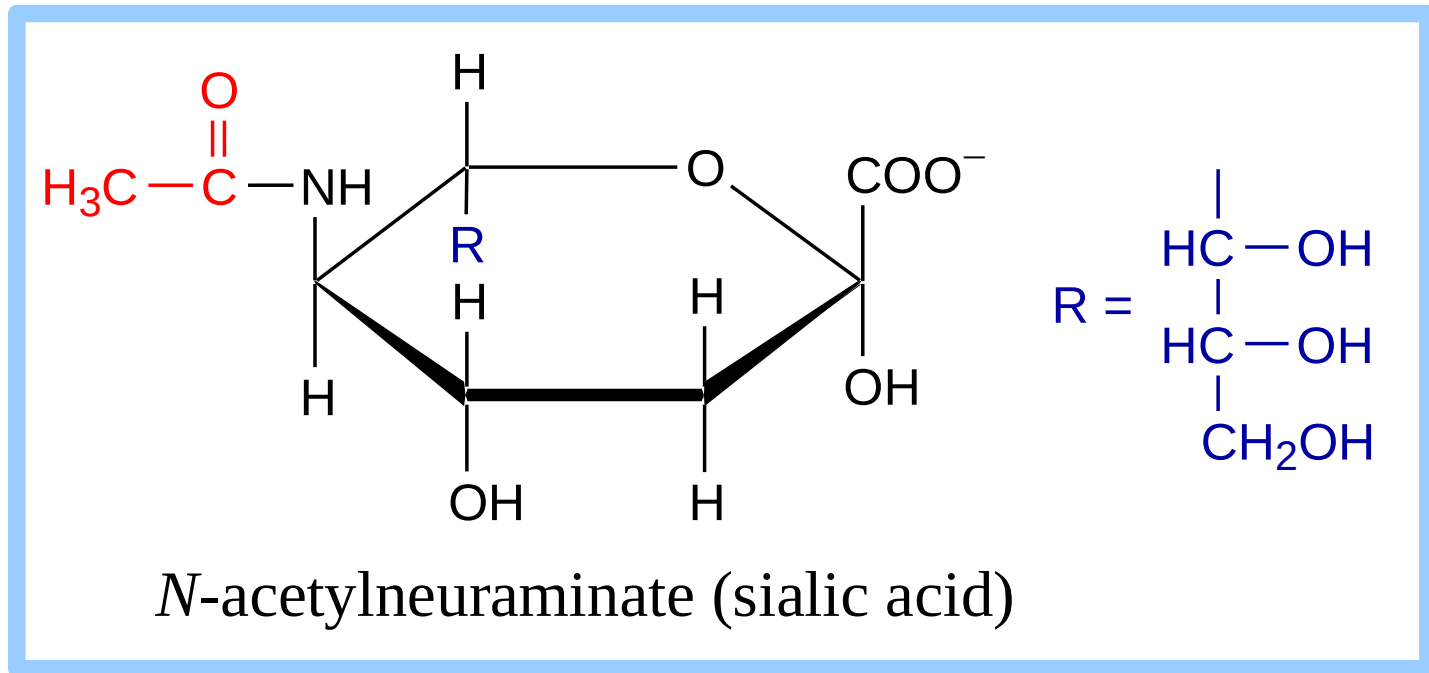
- ♦ **sugar alcohol** - lacks an aldehyde or ketone; e.g., **ribitol**.
- ♦ **sugar acid** - the aldehyde at C1, or OH at C6, is oxidized to a carboxylic acid; e.g., **gluconic acid**, **glucuronic acid**.

# Sugar derivatives



**amino sugar** - an amino group substitutes for a hydroxyl.  
An example is glucosamine.

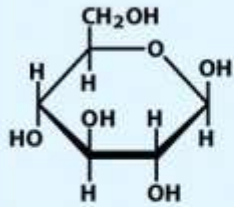
The amino group may be **acetylated**, as in  
N-acetylglucosamine.



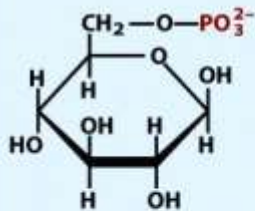
**N-acetylneuraminate** (N-acetylneuraminic acid, also called **sialic acid**) is often found as a terminal residue of oligosaccharide chains of glycoproteins.

Sialic acid imparts **negative charge** to glycoproteins, because its carboxyl group tends to dissociate a proton at physiological pH, as shown here.

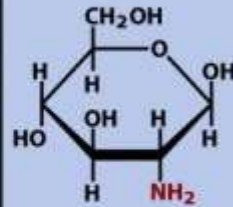
## Glucose family



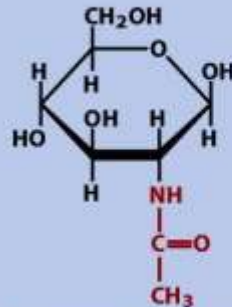
$\beta$ -D-Glucose



$\beta$ -D-Glucose  
6-phosphate



$\beta$ -D-Glucosamine



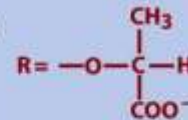
*N*-Acetyl- $\beta$ -D-glucosamine



Muramic acid



*N*-Acetylmuramic acid



## Amino sugars

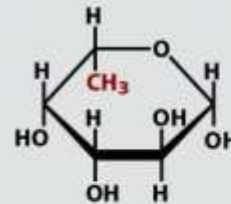


$\beta$ -D-Galactosamine

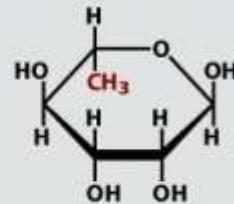


$\beta$ -D-Mannosamine

## Deoxy sugars

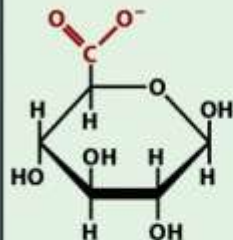


$\beta$ -L-Fucose

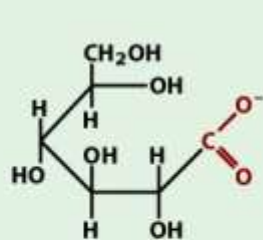


$\alpha$ -L-Rhamnose

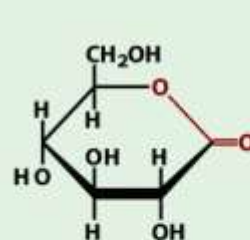
## Acidic sugars



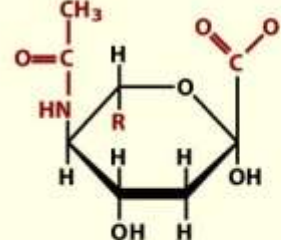
$\beta$ -D-Glucuronate



D-Gluconate



D-Glucono- $\delta$ -lactone



*N*-Acetylneuraminic acid  
(a sialic acid)

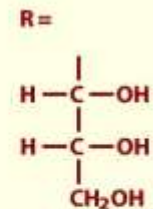


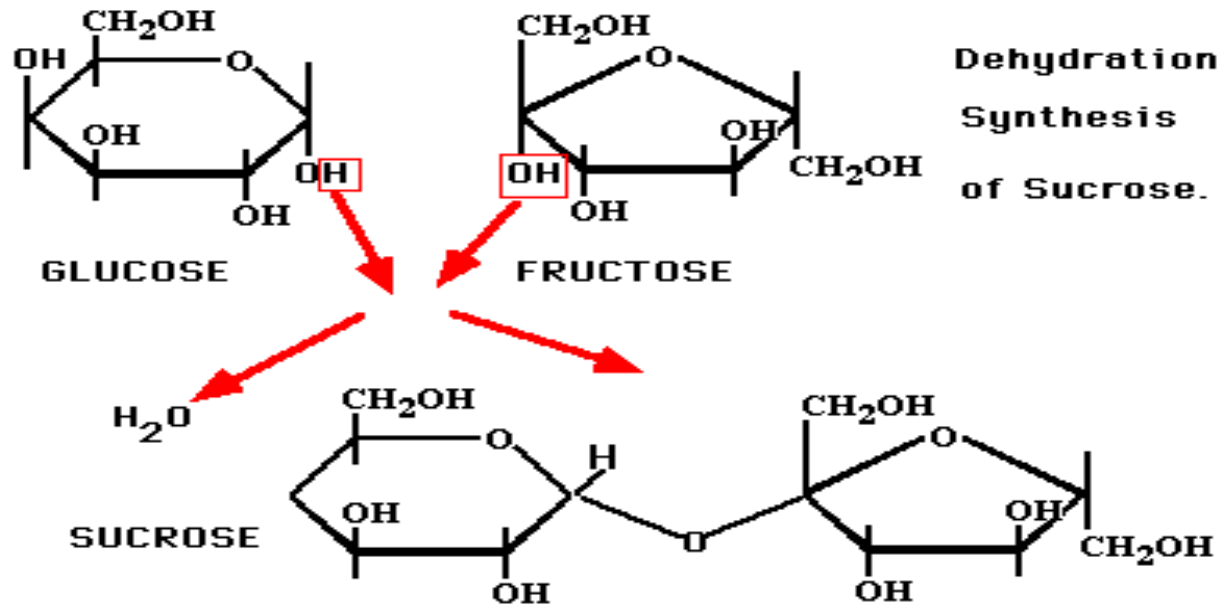
Figure 7-9

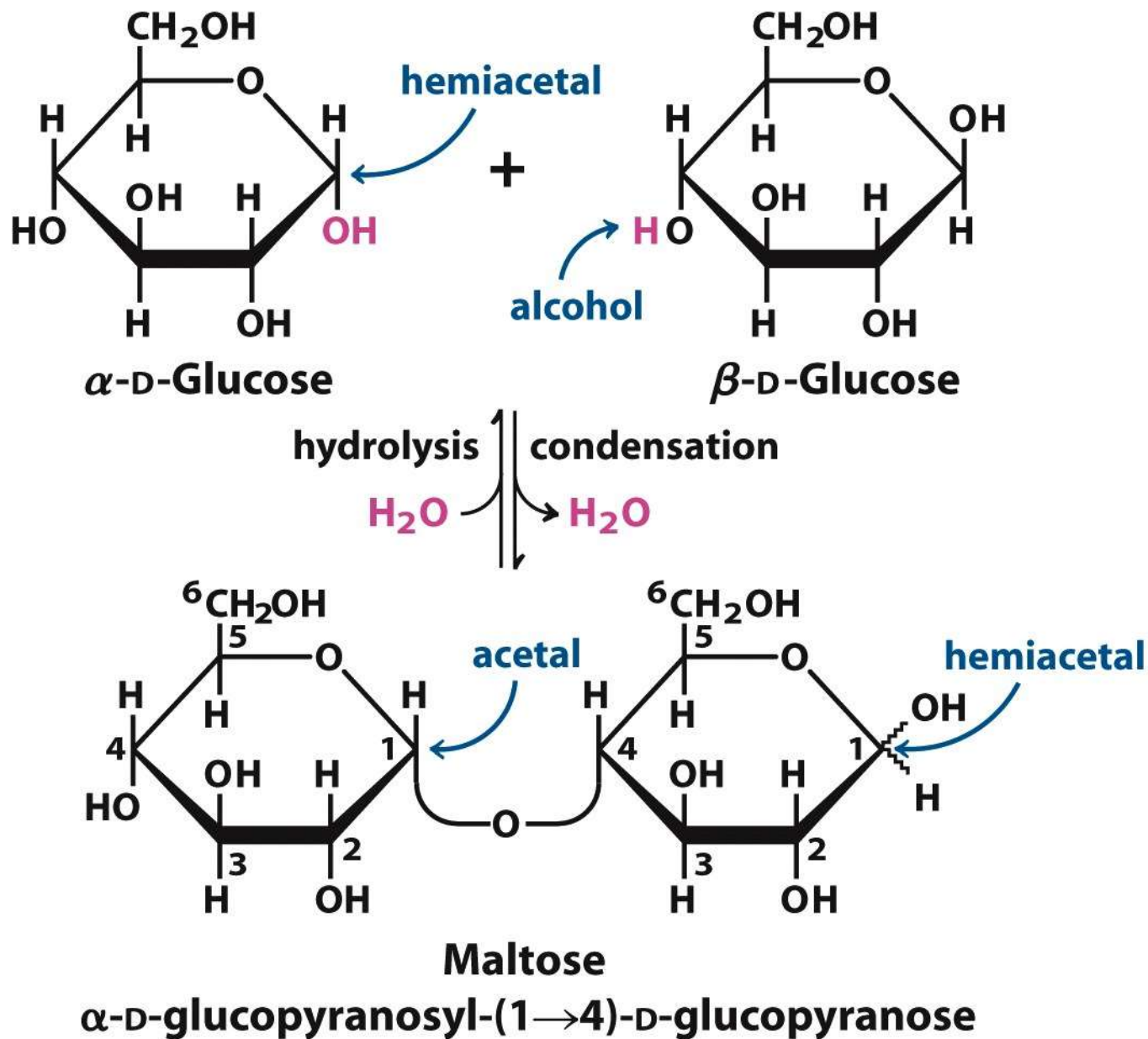
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# Glycosidic Bonds

The anomeric hydroxyl and a hydroxyl of another sugar or some other compound can join together, splitting out water to form a **glycosidic bond**:

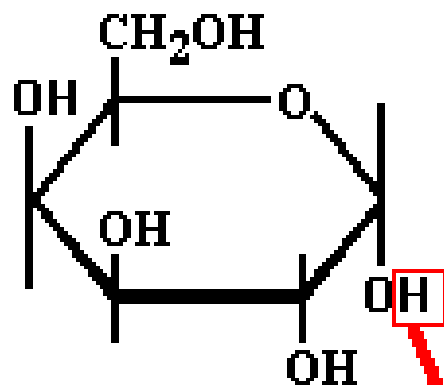




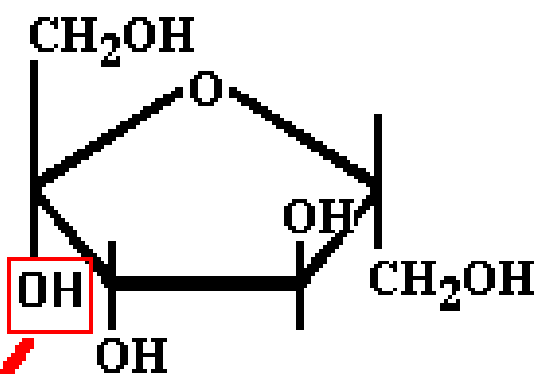
**Figure 7-11**

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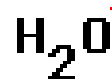


GLUCOSE

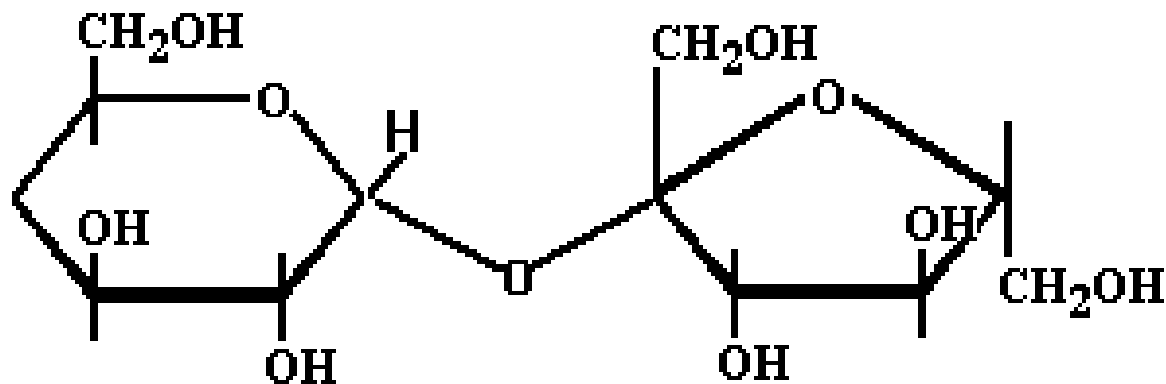


FRUCTOSE

Dehydration  
Synthesis  
of Sucrose.

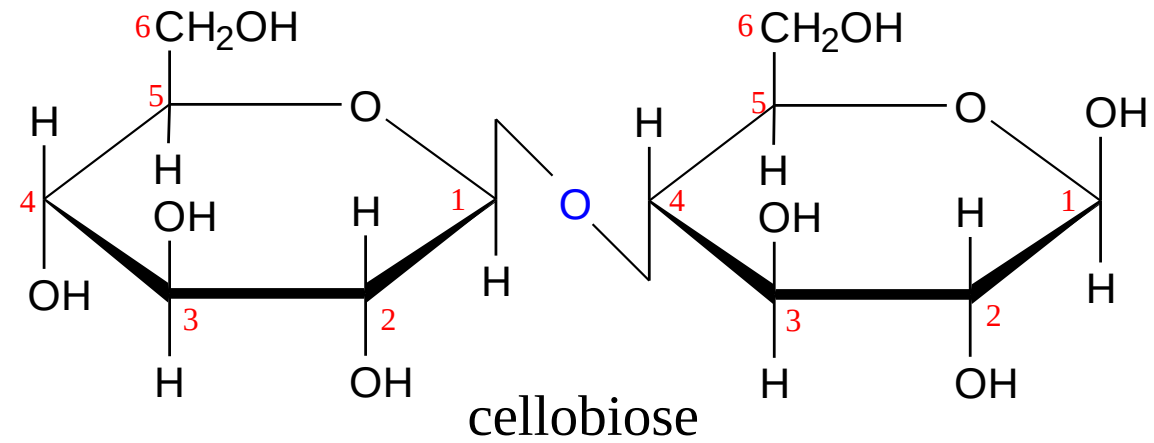
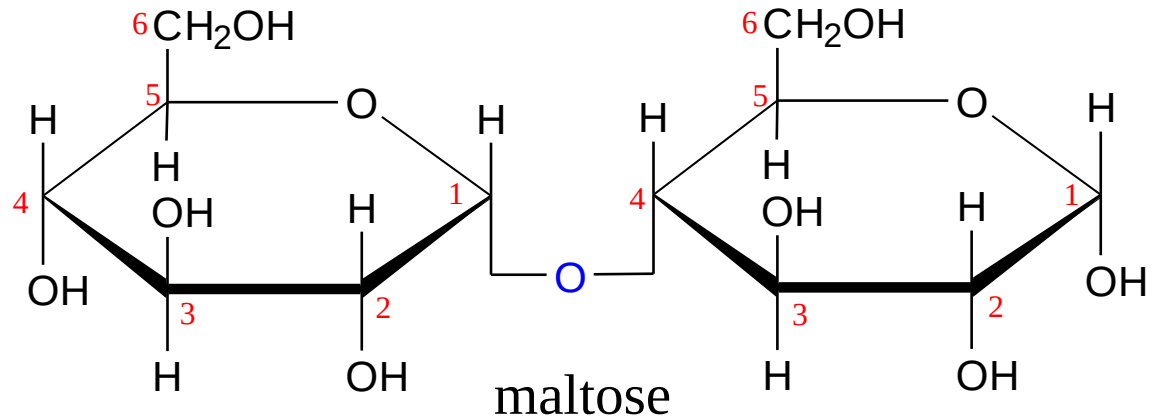


SUCROSE



## Disaccharides:

**Maltose**, a cleavage product of starch (e.g., amylose), is a disaccharide with an  $\alpha(1\rightarrow 4)$  glycosidic link between C1 - C4 OH of 2 glucoses. It is the  $\alpha$  anomer (C1 O points down).



**Cellobiose**, a product of cellulose breakdown, is the otherwise equivalent  $\beta$  anomer (O on C1 points up).

The  $\beta(1\rightarrow 4)$  glycosidic linkage is represented as a zig-zag, but one glucose is actually **flipped over** relative to the other.



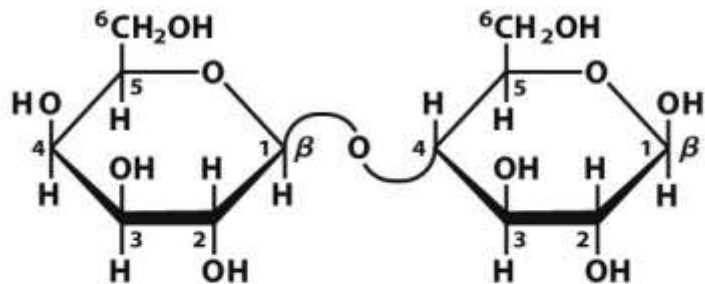
Other **disaccharides** include:

- ♦ **Sucrose**, common table sugar, has a glycosidic bond linking the anomeric hydroxyls of **glucose** & **fructose**.

Because the configuration at the anomeric C of glucose is  $\alpha$  (O points down from ring), the linkage is  $\alpha(1\rightarrow2)$ .

The full name of sucrose is  $\alpha$ -D-glucopyranosyl-(1 $\rightarrow$ 2)- $\beta$ -D-fructopyranose.)

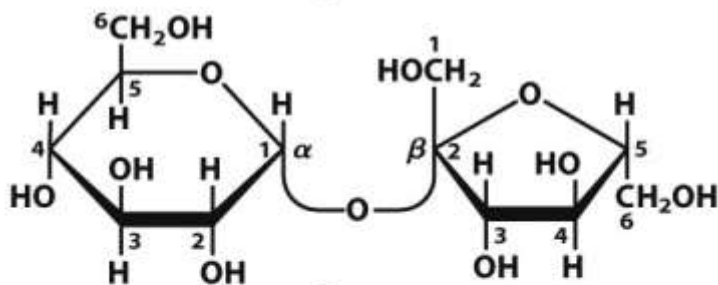
- ♦ **Lactose**, milk sugar, is composed of **galactose** & **glucose**, with  $\beta(1\rightarrow4)$  linkage from the anomeric OH of galactose. Its full name is  $\beta$ -D-galactopyranosyl-(1 $\rightarrow$ 4)- $\alpha$ -D-glucopyranose



Lactose ( $\beta$  form)

$\beta$ -D-galactopyranosyl-(1 $\rightarrow$ 4)- $\beta$ -D-glucopyranose

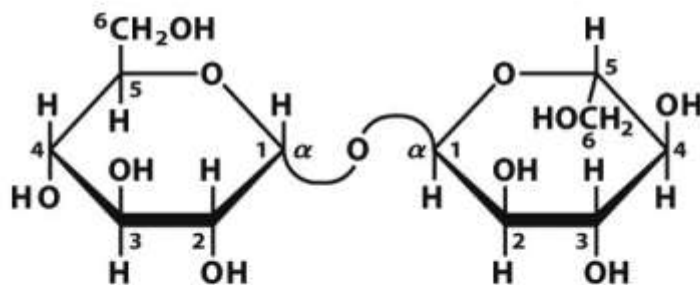
Gal( $\beta$ 1 $\rightarrow$ 4)Glc



Sucrose

$\beta$ -D-fructofuranosyl  $\alpha$ -D-glucopyranoside

Fru(2 $\beta$  $\leftrightarrow$  $\alpha$ 1)Glc  $\equiv$  Glc( $\alpha$ 1 $\leftrightarrow$ 2 $\beta$ )Fru



Trehalose

$\alpha$ -D-glucopyranosyl  $\alpha$ -D-glucopyranoside

Glc( $\alpha$ 1 $\leftrightarrow$ 1 $\alpha$ )Glc

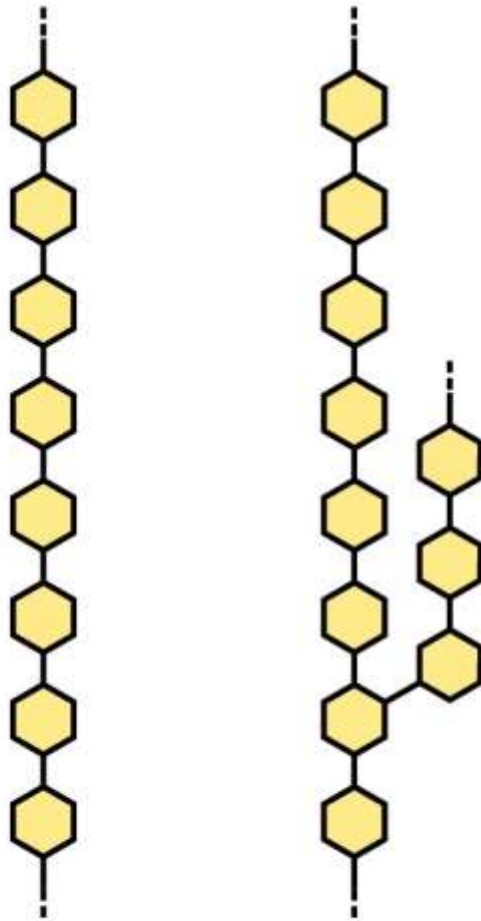
Figure 7-12

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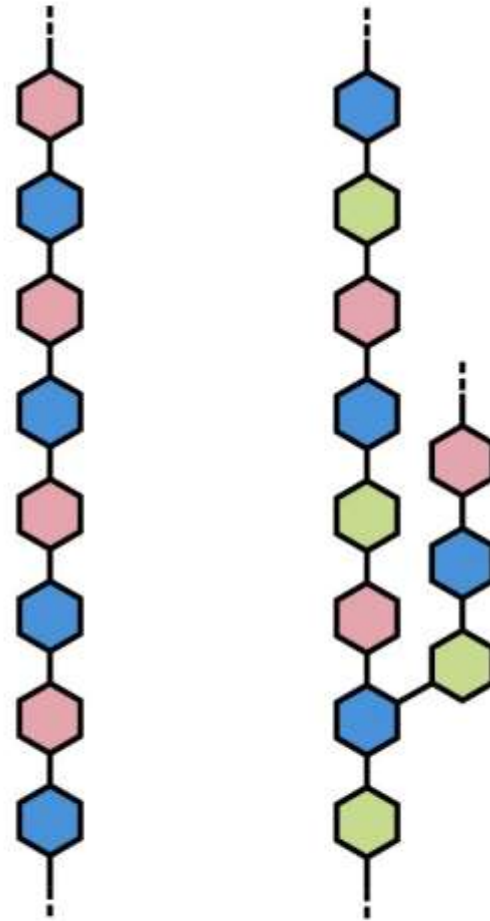
## Homopolysaccharides

Unbranched      Branched



## Heteropolysaccharides

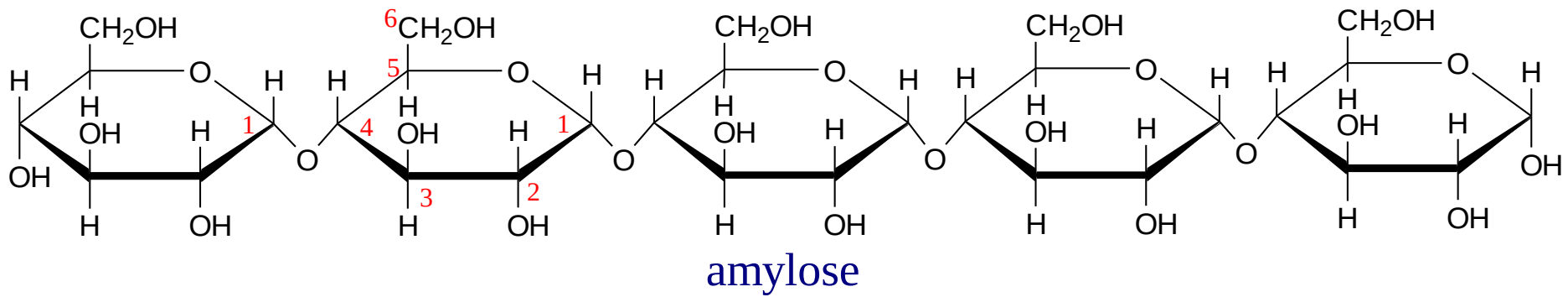
Two monomer types, unbranched      Multiple monomer types, branched



**Figure 7-13**

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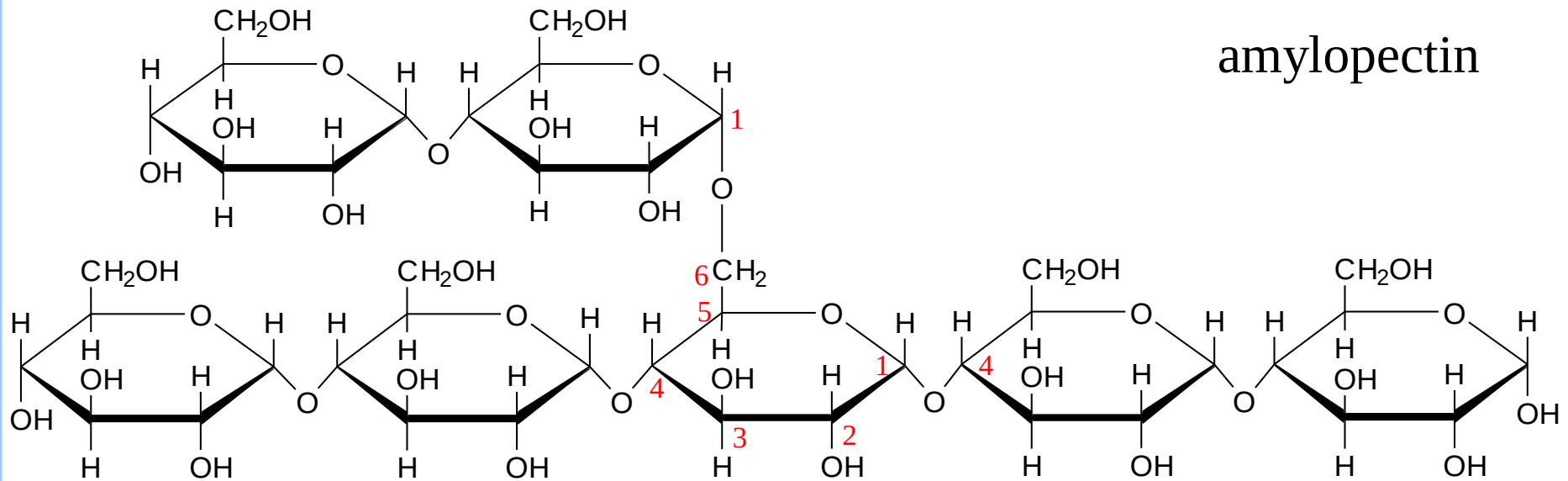
## Polysaccharides:

**Plants** store glucose as **amylose** or **amylopectin**, glucose polymers collectively called starch.

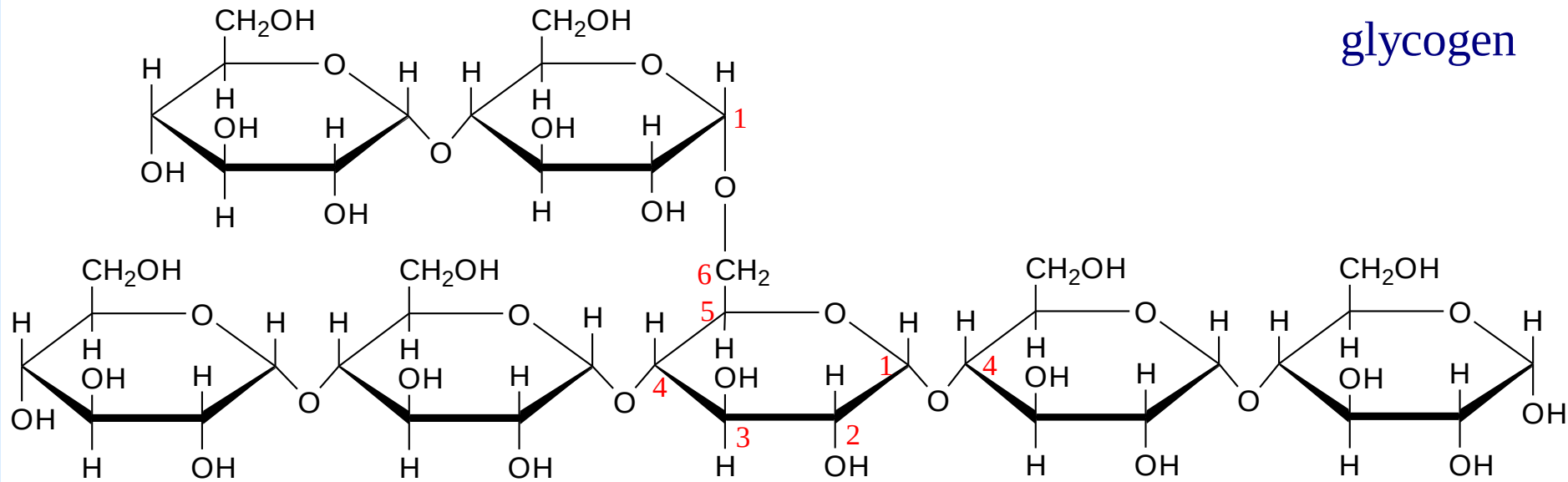
Glucose storage in **polymeric** form **minimizes osmotic effects**.

**Amylose** is a glucose polymer with  **$\alpha(1\rightarrow4)$**  linkages.

The end of the polysaccharide with an anomeric C1 not involved in a glycosidic bond is called the **reducing end**.



**Amylopectin** is a glucose polymer with mainly  $\alpha(1 \rightarrow 4)$  linkages, but it also has **branches** formed by  $\alpha(1 \rightarrow 6)$  linkages. Branches are generally longer than shown above. The branches produce a compact structure & provide multiple chain ends at which enzymatic cleavage can occur.

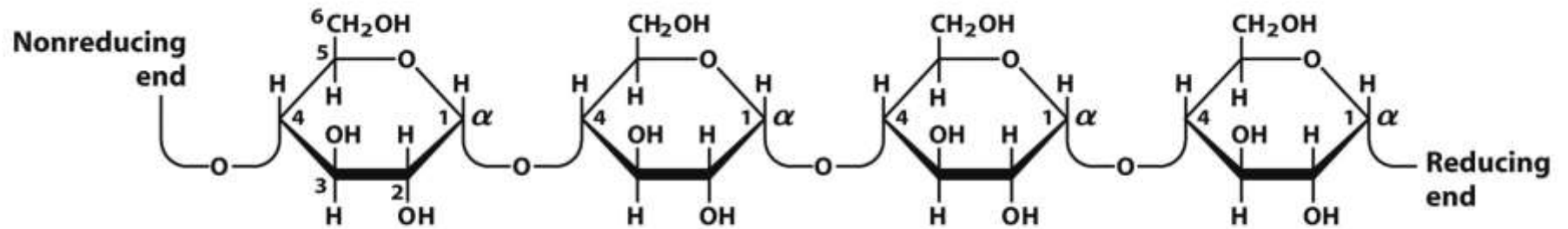


**Glycogen**, the glucose storage polymer in **animals**, is similar in structure to amylopectin.

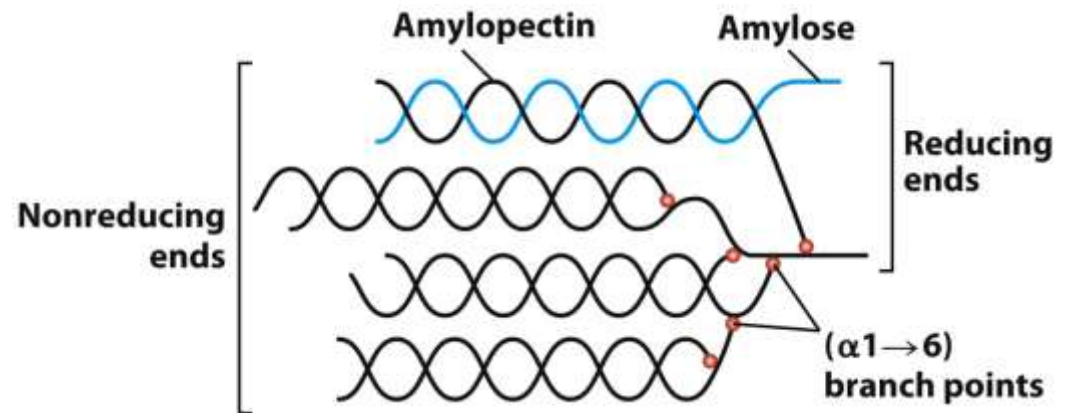
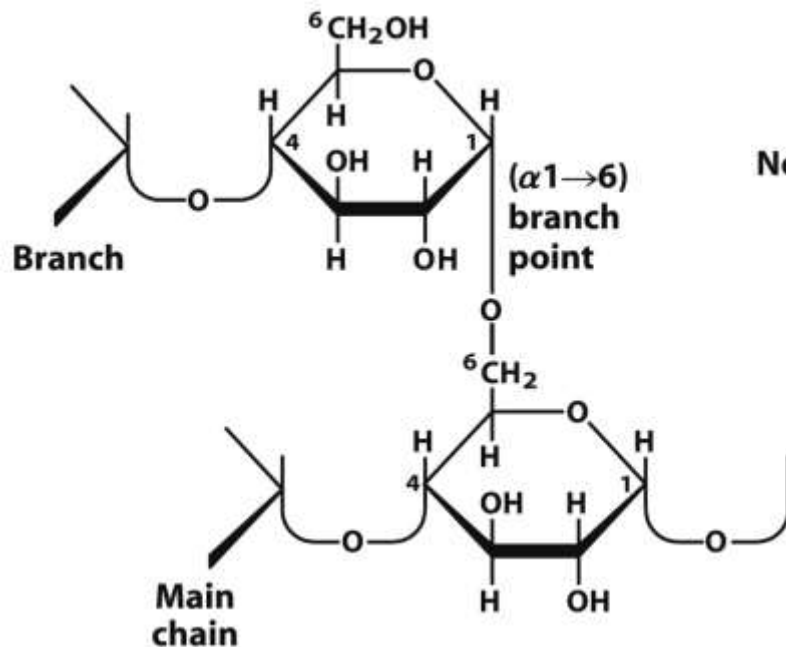
But glycogen has **more  $\alpha(1\rightarrow6)$  branches**.

The highly branched structure permits rapid glucose release from glycogen stores, e.g., in muscle during exercise.

The ability to rapidly mobilize glucose is more essential to animals than to plants.

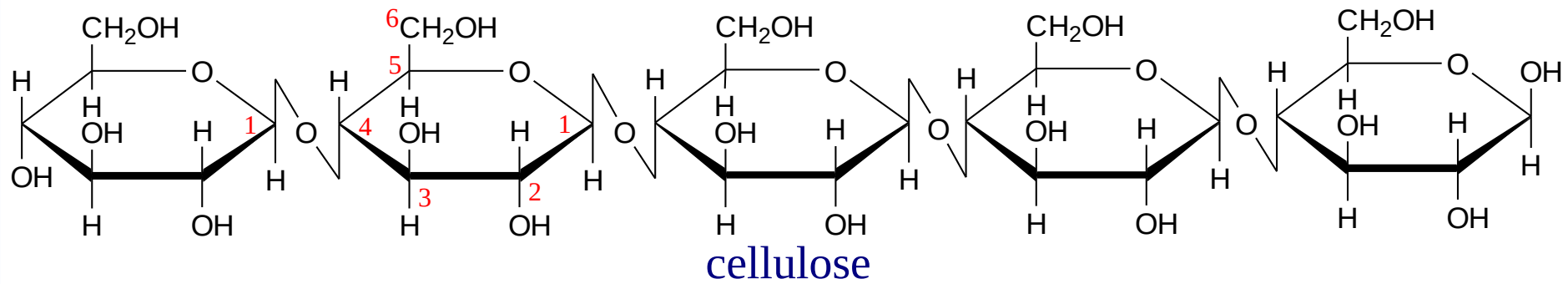


**Amylose**



**Starch Structure**

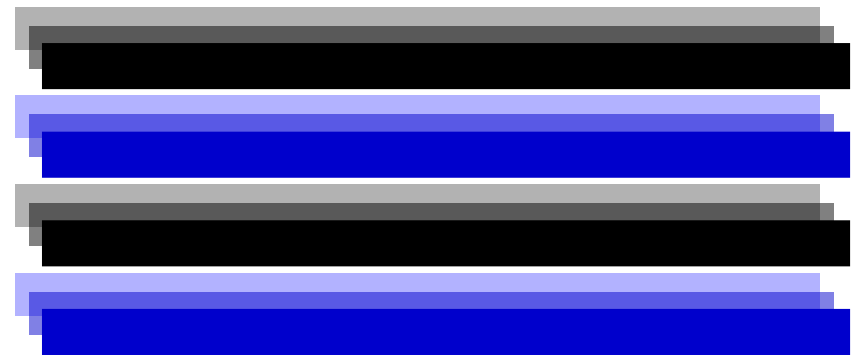
Amylopectin and Glycogen



**Cellulose**, a major constituent of **plant cell walls**, consists of long linear chains of glucose with  $\beta(1\rightarrow4)$  linkages.

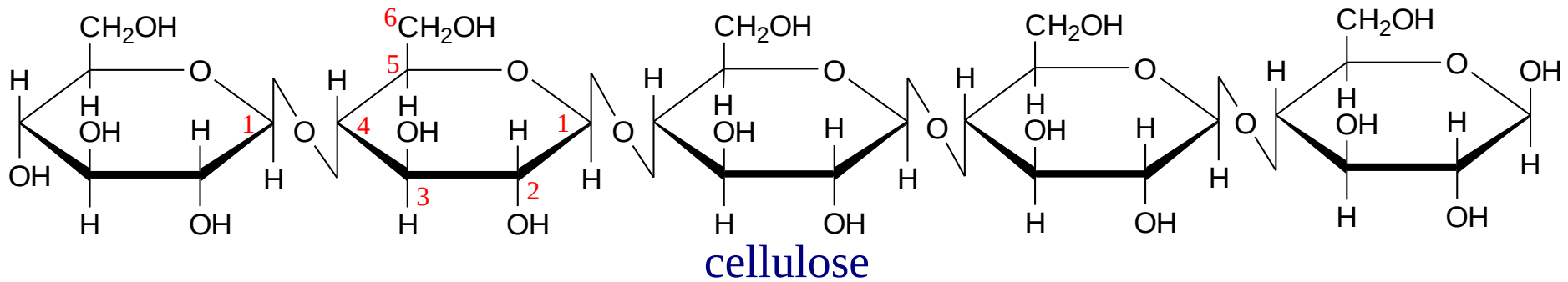
**Every other glucose is flipped over**, due to  $\beta$  linkages.

This promotes intra-chain and inter-chain H-bonds and van der Waals interactions, that cause cellulose chains to be straight & rigid, and pack with a crystalline arrangement in thick bundles - **microfibrils**.



Schematic of arrangement of cellulose chains in a microfibril.



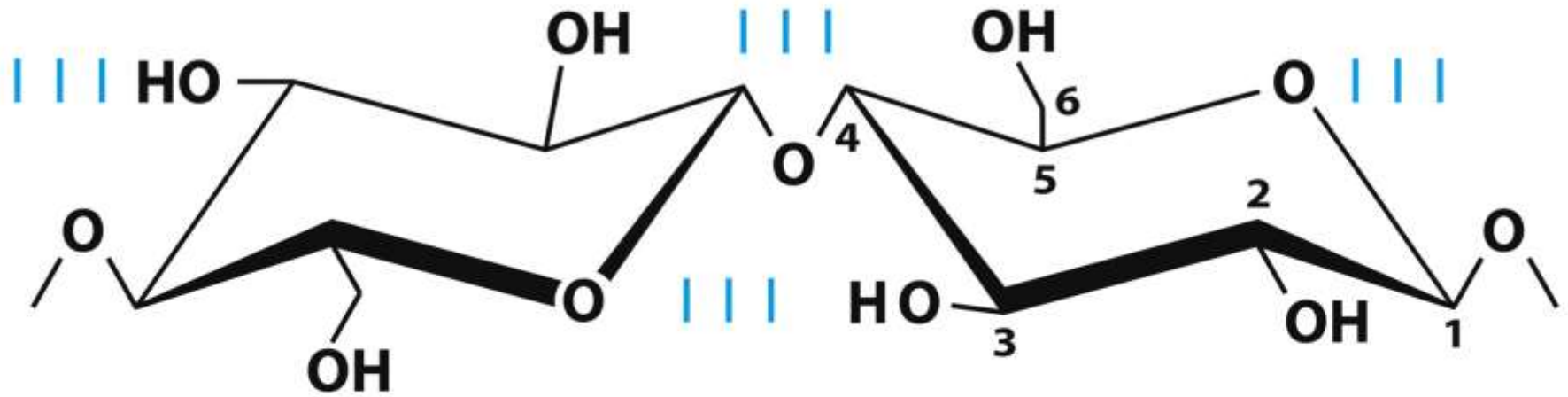


Multisubunit **Cellulose Synthase** complexes in the plasma membrane spin out from the cell surface microfibrils consisting of 36 parallel, interacting cellulose chains.

These **microfibrils** are very **strong**.

The **role** of cellulose is to impart strength and rigidity to plant cell walls, which can withstand high hydrostatic pressure gradients. Osmotic swelling is prevented.

# Cellulose



**( $\beta$ 1 $\rightarrow$ 4)-linked D-glucose units**

**Figure 7-14**

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# French Fries versus Fiber

Humans digest starch and glycogen ingested in their diet using  $\alpha$ -amylases, enzymes that hydrolyze ( $\alpha$  1 $\rightarrow$ 4) glycosidic bonds.

Humans cannot hydrolyze ( $\beta$  1 $\rightarrow$ 4) linkages of cellulose. Therefore cellulose is not a fuel source for humans. It is fiber.

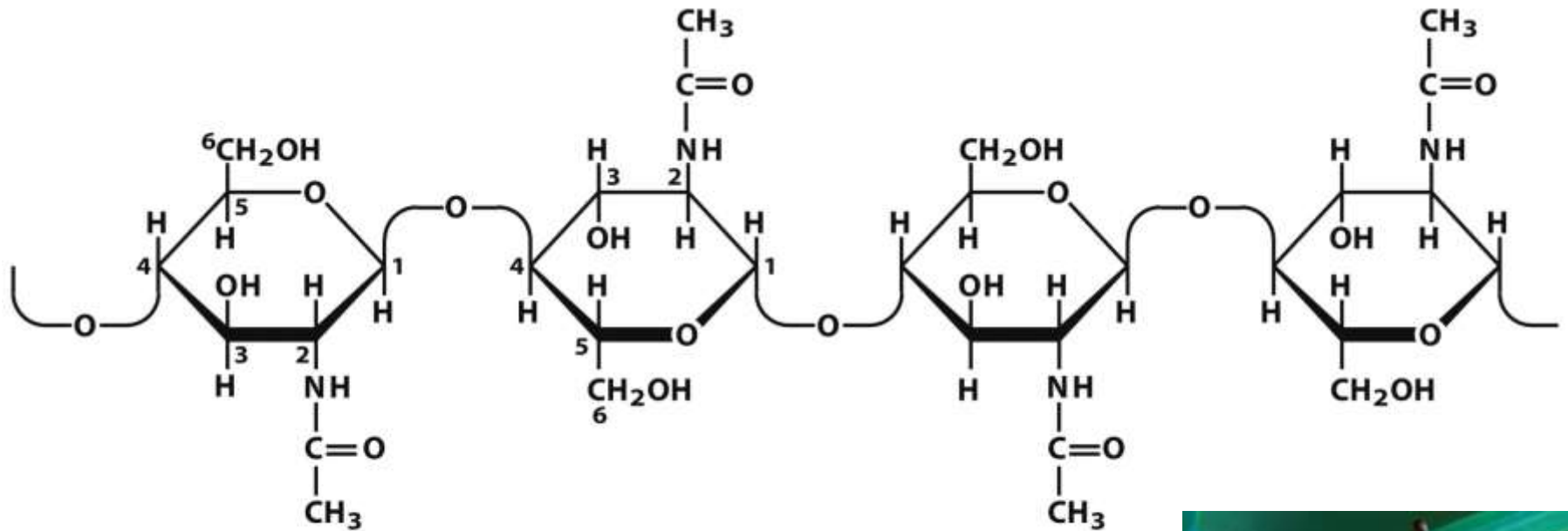
Certain microorganisms have cellulases, enzymes that hydrolyze ( $\beta$  1 $\rightarrow$ 4) linkages of cellulose.

Cattle have these organisms in their rumen.

Termites have them in their intestinal tract.

# Chitin is the principal component of the exoskeleton of arthropods like insects, lobsters, and crabs

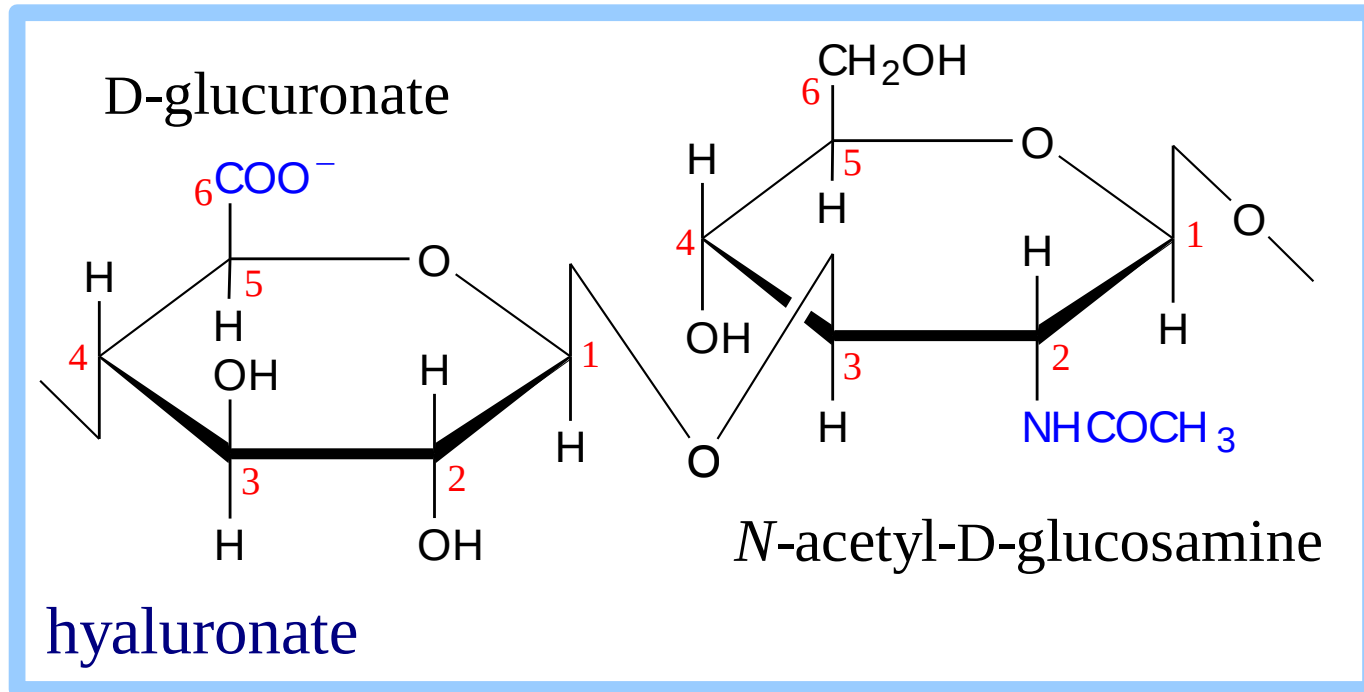
Linear homopolysaccharide of N-acetylglucosamine in  $\beta(1 \rightarrow 4)$  linkage



**Figure 7-16a**

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**Glycosaminoglycans** (mucopolysaccharides) are linear polymers of **repeating disaccharides**.

The constituent monosaccharides tend to be **modified**, with acidic groups, amino groups, sulfated hydroxyl and amino groups, etc.

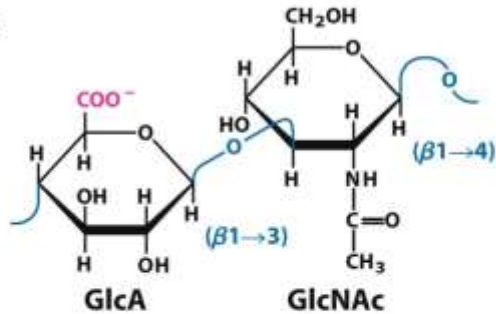
Glycosaminoglycans tend to be **negatively charged**, because of the prevalence of acidic groups

## Glycosaminoglycan

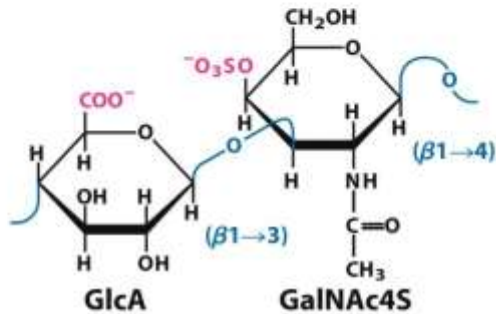
## Repeating disaccharide

Number of  
disaccharides  
per chain

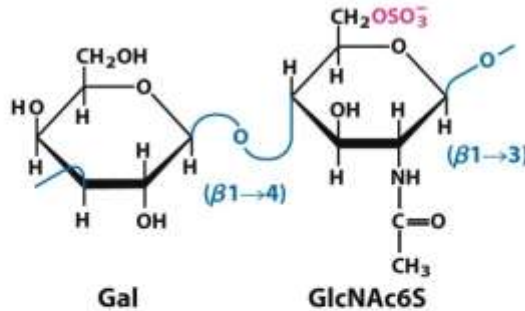
Hyaluronate  
~50,000



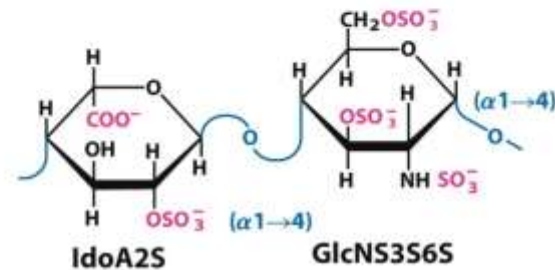
Chondroitin  
4-sulfate  
20-60



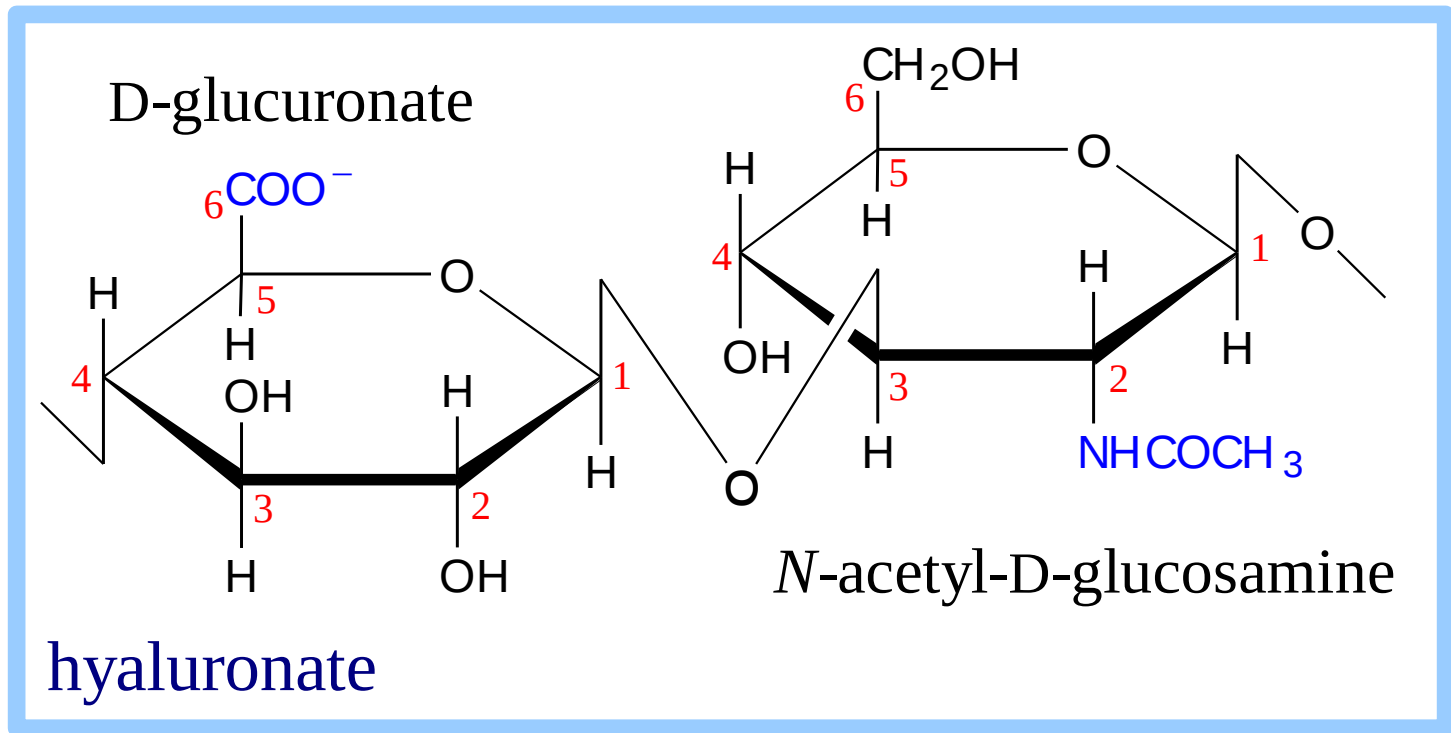
Keratan  
sulfate  
~25



Heparin  
15-90



Glycosaminoglycans  
are found in the  
extracellular matrix



**Hyaluronate** (hyaluronan) is a **glycosaminoglycan** with a repeating disaccharide consisting of 2 glucose derivatives, glucuronate (glucuronic acid) & *N*-acetyl-glucosamine.

The glycosidic linkages are  $\beta(1 \rightarrow 3)$  &  $\beta(1 \rightarrow 4)$ .

**Heparin**, a soluble glycosaminoglycan found in granules of mast cells, has a structure similar to that of heparan sulfates, but is more **highly sulfated**.

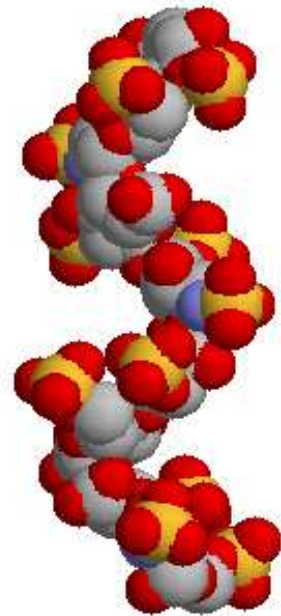
When released into the blood, it inhibits clot formation by interacting with the protein antithrombin.

Heparin has an **extended helical conformation**.

**Charge repulsion** by the many negatively charged groups may contribute to this conformation.

Heparin shown has 10 residues, alternating IDS (iduronate-2-sulfate) & SGN (N-sulfo-glucosamine-6-sulfate).

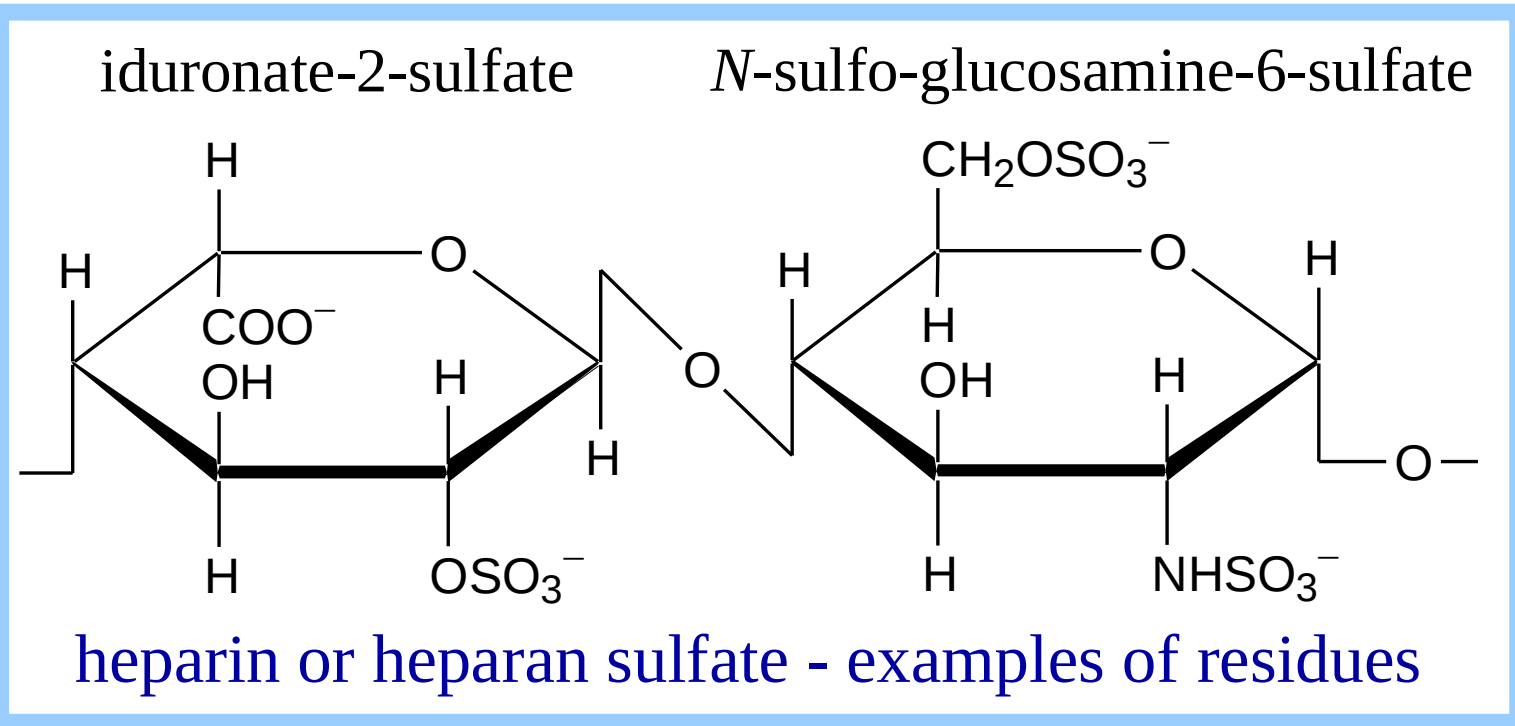
PDB 1RID



heparin: (IDS-SGN)<sub>5</sub>

**C O N S**





**Heparan sulfate** is initially synthesized on a membrane-embedded core protein as a polymer of alternating ***N*-acetylglucosamine** and **glucuronate** residues.

Later, in segments of the polymer, glucuronate residues may be converted to the sulfated sugar **iduronic acid**, while *N*-acetylglucosamine residues may be deacetylated and/or sulfated.

**TABLE 7-2 Structures and Roles of Some Polysaccharides**

| Polymer                           | Type*                      | Repeating unit†                                                                                     | Size (number of monosaccharide units) | Roles/significance                                                                                                  |
|-----------------------------------|----------------------------|-----------------------------------------------------------------------------------------------------|---------------------------------------|---------------------------------------------------------------------------------------------------------------------|
| <b>Starch</b>                     |                            |                                                                                                     |                                       | Energy storage: in plants                                                                                           |
| Amylose                           | Homo-                      | ( $\alpha 1 \rightarrow 4$ )Glc, linear                                                             | 50–5,000                              |                                                                                                                     |
| Amylopectin                       | Homo-                      | ( $\alpha 1 \rightarrow 4$ )Glc, with ( $\alpha 1 \rightarrow 6$ )Glc branches every 24–30 residues | Up to $10^6$                          |                                                                                                                     |
| Glycogen                          | Homo-                      | ( $\alpha 1 \rightarrow 4$ )Glc, with ( $\alpha 1 \rightarrow 6$ )Glc branches every 8–12 residues  | Up to 50,000                          | Energy storage: in bacteria and animal cells                                                                        |
| Cellulose                         | Homo-                      | ( $\beta 1 \rightarrow 4$ )Glc                                                                      | Up to 15,000                          | Structural: in plants, gives rigidity and strength to cell walls                                                    |
| Chitin                            | Homo-                      | ( $\beta 1 \rightarrow 4$ )GlcNAc                                                                   | Very large                            | Structural: in insects, spiders, crustaceans, gives rigidity and strength to exoskeletons                           |
| Dextran                           | Homo-                      | ( $\alpha 1 \rightarrow 6$ )Glc, with ( $\alpha 1 \rightarrow 3$ ) branches                         | Wide range                            | Structural: in bacteria, extracellular adhesive                                                                     |
| Peptidoglycan                     | Hetero-; peptides attached | 4)Mur2Ac( $\beta 1 \rightarrow 4$ )GlcNAc( $\beta 1$                                                | Very large                            | Structural: in bacteria, gives rigidity and strength to cell envelope                                               |
| Agarose                           | Hetero-                    | 3) $\beta$ -Gal( $\beta 1 \rightarrow 4$ )3,6-anhydro-L-Gal( $\alpha 1$                             | 1,000                                 | Structural: in algae, cell wall material                                                                            |
| Hyaluronan (a glycosamino-glycan) | Hetero-; acidic            | 4)GlcA( $\beta 1 \rightarrow 3$ )GlcNAc( $\beta 1$                                                  | Up to 100,000                         | Structural: in vertebrates, extracellular matrix of skin and connective tissue; viscosity and lubrication in joints |

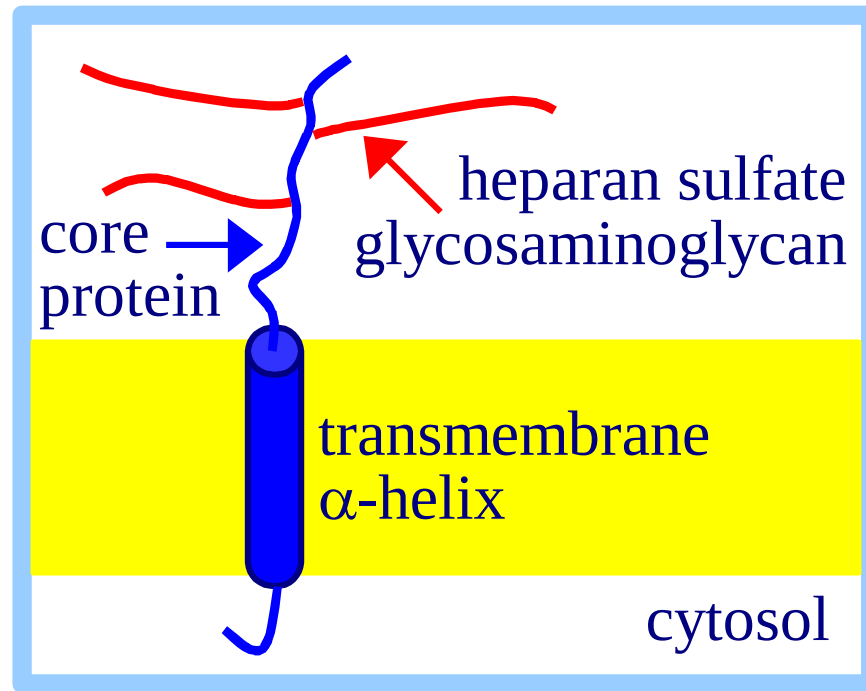
\*Each polymer is classified as a homopolysaccharide (homo-) or heteropolysaccharide (hetero-).

†The abbreviated names for the peptidoglycan, agarose, and hyaluronan repeating units indicate that the polymer contains repeats of this disaccharide unit. For example, in peptidoglycan, the GlcNAc of one disaccharide unit is ( $\beta 1 \rightarrow 4$ )-linked to the first residue of the next disaccharide unit.

**Table 7-2**

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**Proteoglycans** are **glycosaminoglycans** that are covalently linked to serine residues of specific **core proteins**.

The glycosaminoglycan chain is synthesized by sequential addition of sugar residues to the core protein.

# Cellular location of carbohydrates

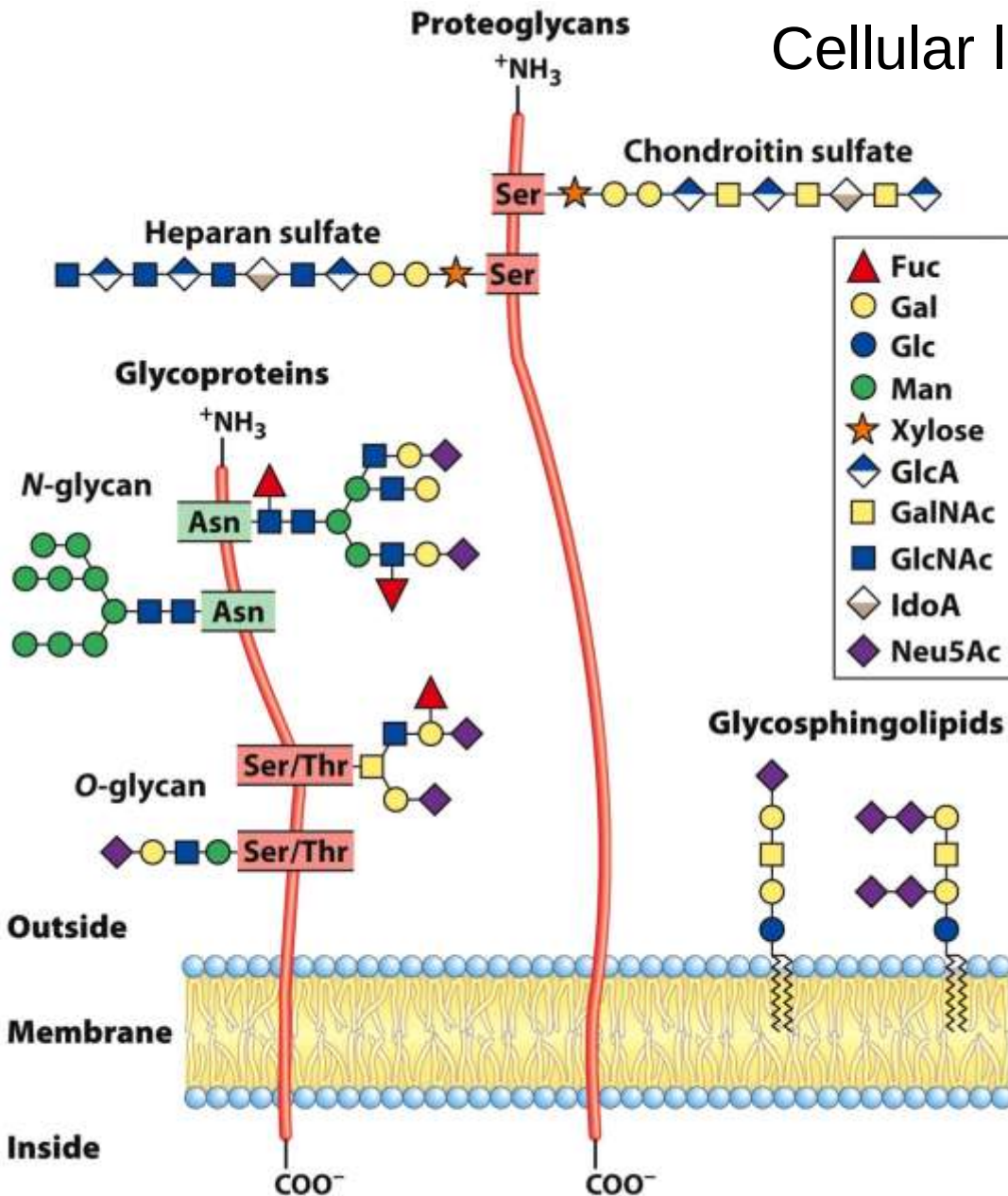
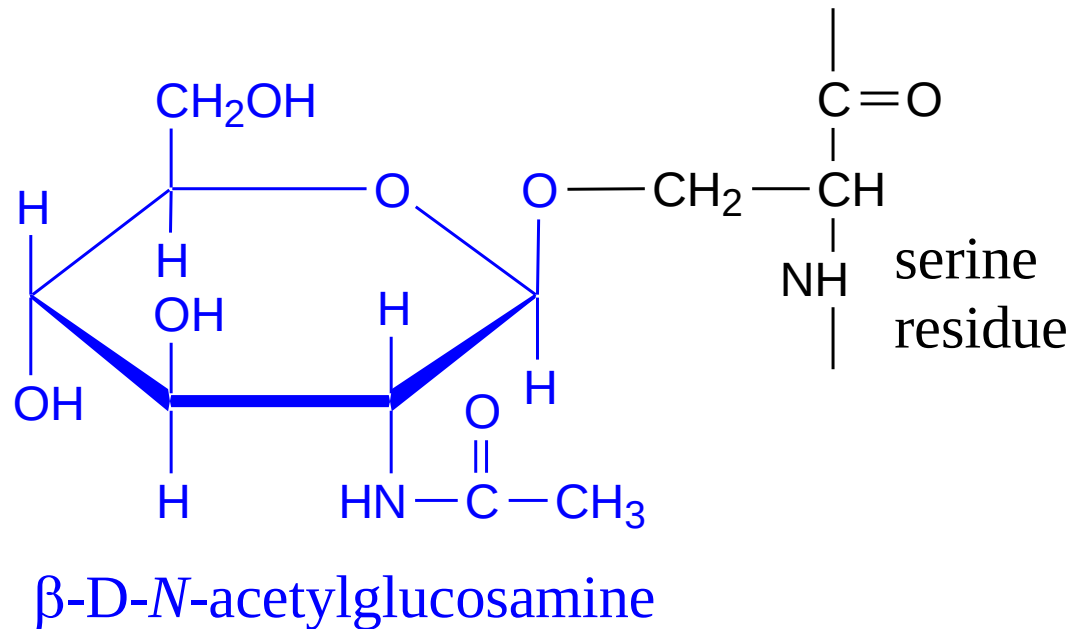


Figure 7-24

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## Oligosaccharides

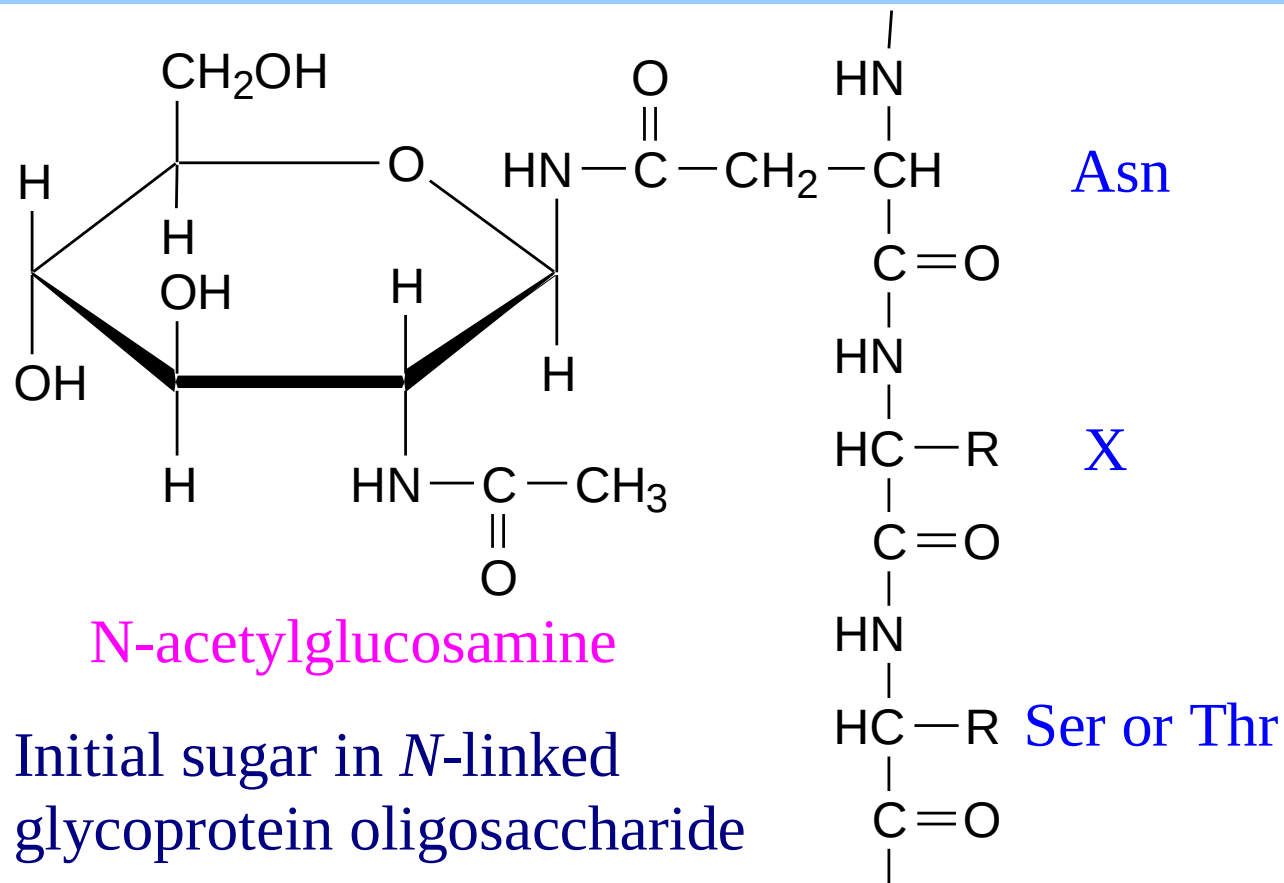
that are covalently attached to proteins or to membrane lipids may be linear or branched chains.



**O-linked oligosaccharide** chains of glycoproteins vary in complexity.

They link to a protein via a glycosidic bond between a sugar residue & a **serine or threonine OH**.

O-linked oligosaccharides have roles in **recognition**, **interaction**, and **enzyme regulation**.

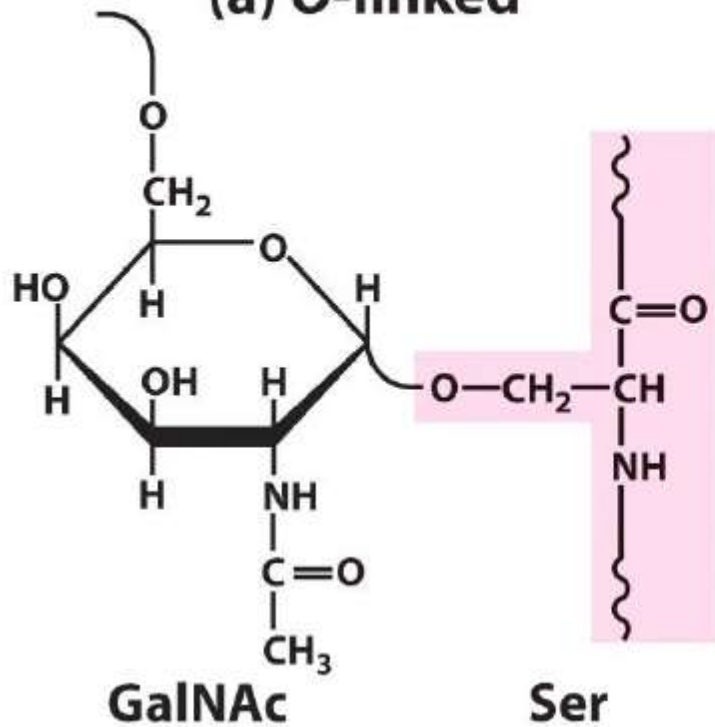


***N*-linked oligosaccharides** of glycoproteins tend to be complex and branched.

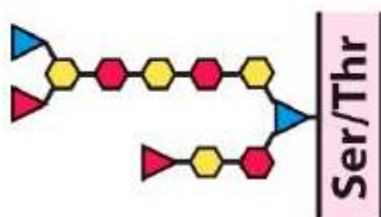
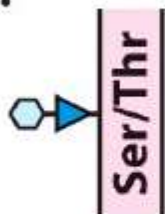
First ***N*-acetylglucosamine** is linked to a protein via the side-chain N of an asparagine residue in a particular 3-amino acid sequence.



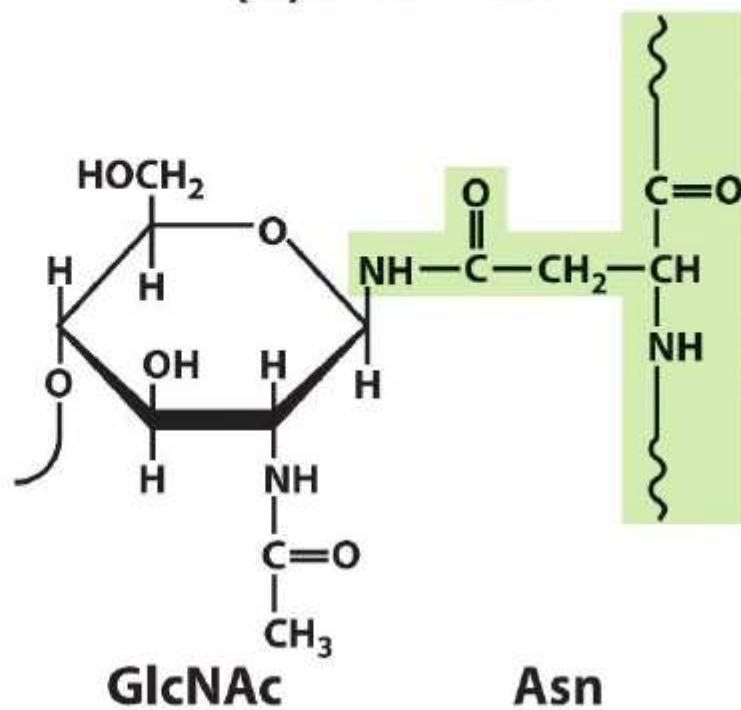
### (a) O-linked



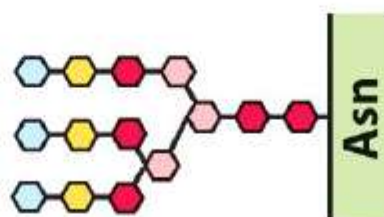
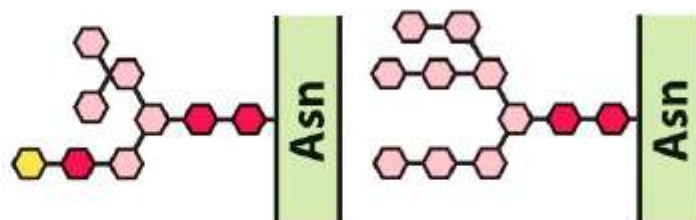
Examples:



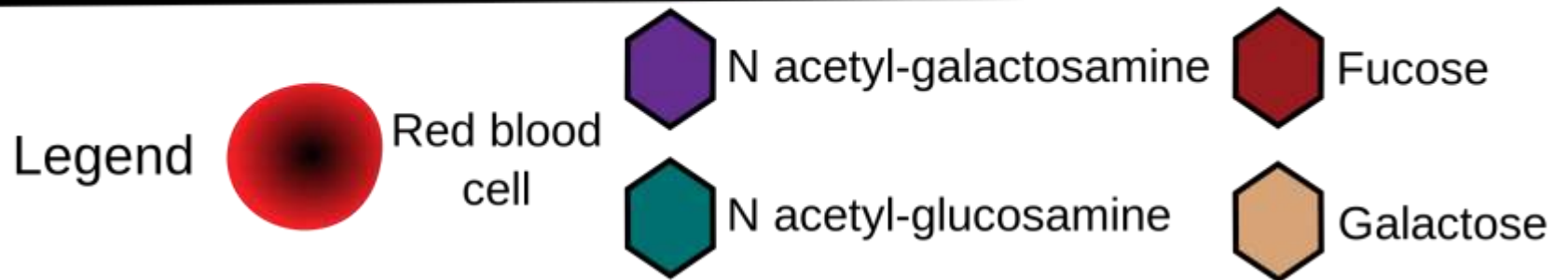
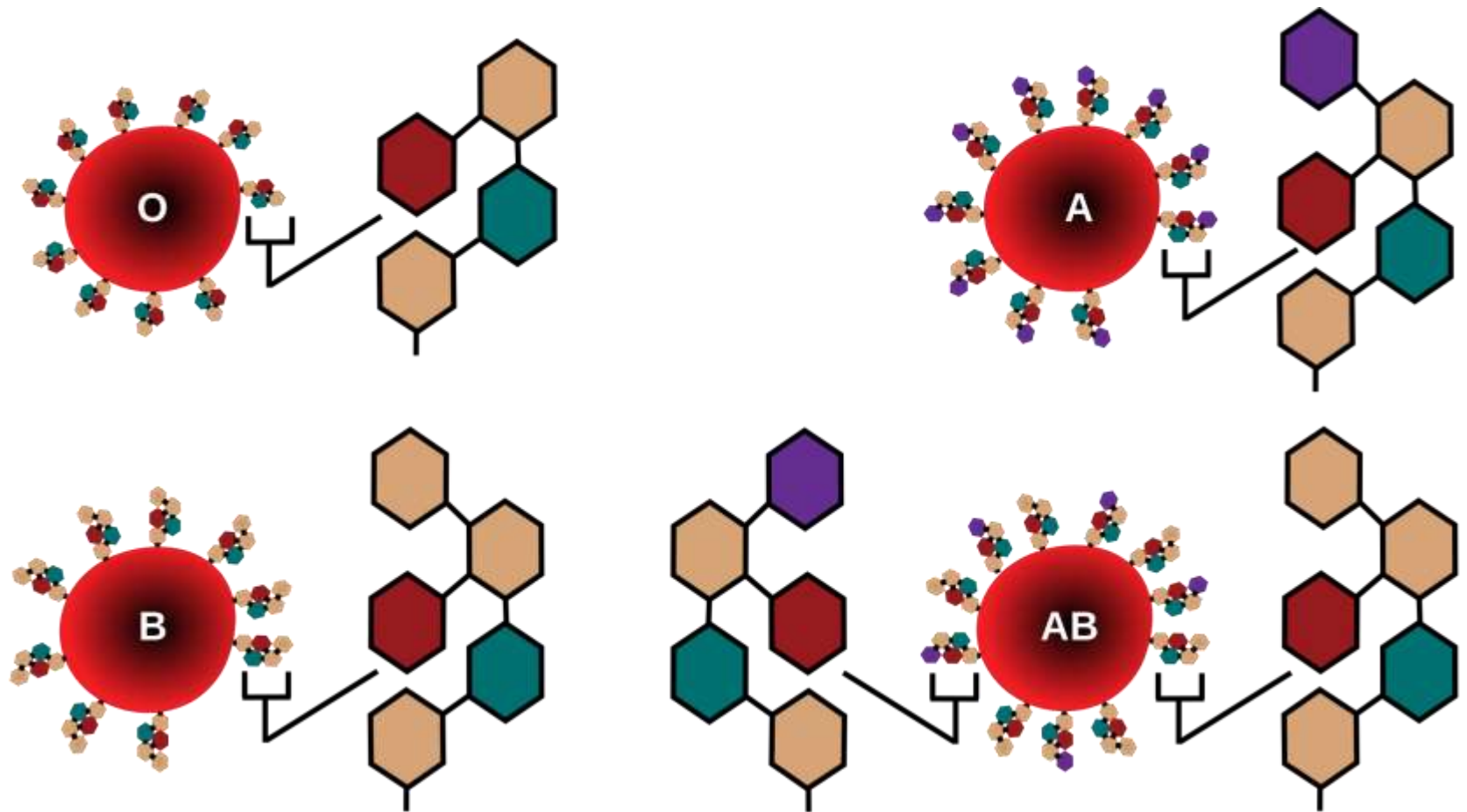
### (b) N-linked



Examples:



- GlcNAc
- Man
- Gal
- Neu5Ac
- ▼ Fuc
- ▼ GalNAc



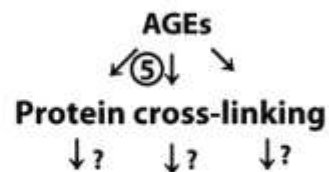
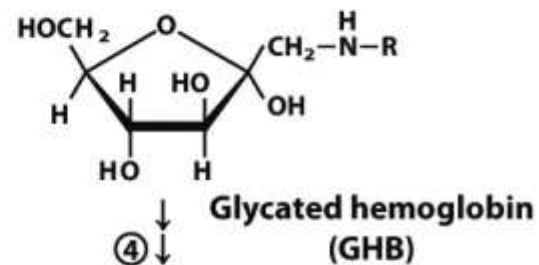
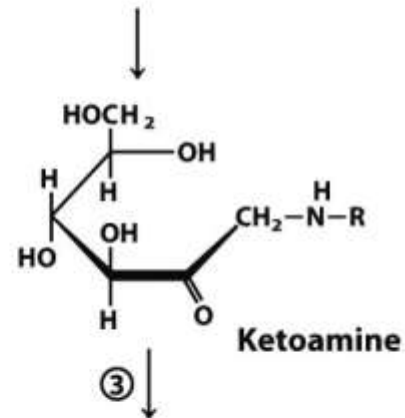
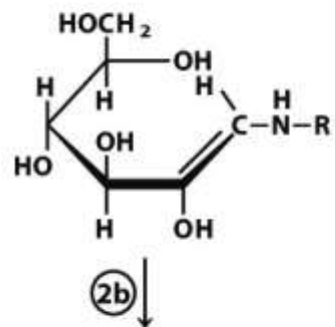
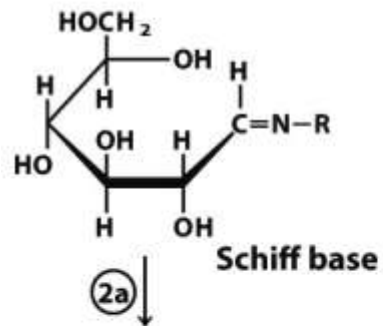
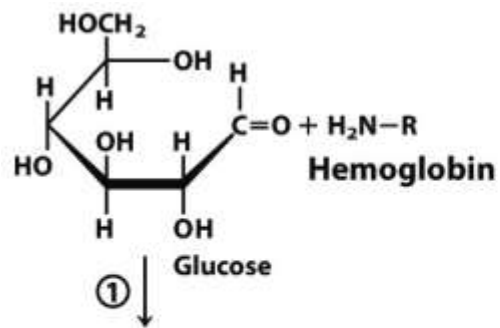


Blood group antigens are specific classes of oligosaccharides that may be bound to proteins, lipid, or membranes of RBC.

Before a patient can be given a blood transfusion or tissue transplantation, the blood or tissue types must be matched with the donor. Use of mismatched blood could be fatal to the patient.

## Glycation

- The **nonenzymatic reaction** of glucose with a primary amino group in hemoglobin begins with
  - (1) formation of a Schiff base, which
  - (2) undergoes the Amadori rearrangement to generate a stable product;
  - (3) this ketoimine can further cyclize to yield GHB.
  - (4) Subsequent reactions generate advanced glycation end products (AGEs), such as  $\epsilon$ -N-carboxymethyllysine and methylglyoxal, compounds that:
  - (5) can damage other proteins by cross-linking them, causing pathological changes.



Damage to kidneys, retinas, cardiovascular system

**Box 7-1 figure 2**

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